

# Shadows Cha Cha

拍數: 56      牆數: 2      級數:  
編舞者: Bill Van Pool  
音樂: Where Is My Baby Tonight - Lee Roy Parnell



## LEFT & RIGHT CROSS BREAKS-CHA-CHA-CHA

1-2      Left cross right, replace  
3-4      Cha-cha-cha (left-right-left)  
5-6      Right cross left, replace  
7-8      Cha-cha-cha (right-left-right)

## STEP HOOK ½ TURN RIGHT-CHA-CHA-CHA (TWICE)

1-2      Step forward left, pivot ½ right hooking right over left  
3-4      Cha-cha-cha (moving forward right-left-right)  
5-6      Step forward left, pivot ½ right hooking right over left  
7-8      Cha-cha-cha (moving forward right-left-right)

## SYNCOPATED CHA'S LEFT AND RIGHT

1-2      Step left on left, hold (feet are now spread to shoulder width)  
&3-4      Step right next to left, step left on left, touch right next to left  
5-6      Step right on right, hold (feet are now spread to shoulder width)  
&7-8      Step left next to right, step right on right, touch left toe next to right

## SYNCOPATED CHA'S ¼ TURN RIGHT- COASTER STEP

### Steps done turning ¼ to right to face 3 o'clock

1&2&      Cross left over right, replace weight to right, left ball, right ball  
3&4      Cross left over right, right ball, weight to left (now facing 3 o'clock)  
5-6      Step forward on right, step forward on left  
7&8      Back on right, back on left, forward on right  
9-16      Repeat above 8 counts turning ¼ right to face 6 o'clock

## SYNCOPATED WEAVE (BACKING UP- CROSS BACK TOGETHER)

1&2      Cross left over right, step straight back with right, to the left with left  
3&4      Cross right over left, step straight back with left, to the right with right  
5&6      Cross left over right, step straight back with right, to the left with left  
7&8      Cross right over left, step straight back with left, to the right with right

## SYNCOPATED HIPS MOVING FORWARD

1&2      Step forward onto left pushing left hip forward, push right hip back, push left hip forward with weight (weight now on left)  
3&4      Step forward onto right pushing hip forward, push left hip back, push right hip forward with weight (weight now on right)  
5&6      Step forward onto left pushing left hip forward, push right hip back, push left hip forward with weight (weight now on left)  
7&8      Step forward onto right pushing hip forward, push left hip forward, push right hip forward with weight (weight now on right)

## REPEAT