

# Shadow

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Nancy Morgan (USA)  
音樂: That's What I Get For Thinking - Shadow Styles



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## AND CROSS RIGHT OVER LEFT, HOLD, STEP LEFT TO LEFT SIDE, HOLD, TWO SAILOR SHUFFLES

&1-2      Step back on left and cross right foot over left, hold for 1 count  
3-4      Step left to left side (shoulder width) and hold for 1 count  
5&6      Sailor, step right behind left, left to left side, right foot forward  
7&8      Sailor, step left behind right, right to right side, left foot forward

## CROSS RIGHT OVER LEFT, KICK LEFT WITH ¼ TURN RIGHT, HITCH, WIGGLE BACK RIGHT, LEFT

1-2      Cross right foot over left, kick left foot back as you do a ¼ turn to right  
3-4      Step left foot forward, hitch with right knee (keep weight on left)  
5-6      Step back on right as you wiggle your hips from side to side  
7-8      Step back on left as you wiggle your hips from side to side

## CROSS RIGHT OVER LEFT, KICK LEFT WITH ¼ TURN RIGHT, HITCH, STOMP RIGHT, LEFT, COASTER STEP

1-2      Cross right foot over left, kick left foot back as you do a ¼ turn to right  
3-4      Step left foot forward, hitch forward with right knee (shift weight forward)  
5-6      Stomp right foot forward, stomp left foot forward  
7&8      Coast step, step back on right, back on left, forward on right

## GRIND LEFT HEEL FORWARD, THEN RIGHT, STEP BACK ON LEFT, HOLD, THEN RIGHT, HOLD

1-2      Step left heel forward pointing toe to your right, grind heel around till toe faces forward then step forward as you drop the toe to the ground  
3-4      Step right heel forward point toe to your left, grind heel around till toe faces forward then step forward as you drop the toe to the ground  
5-6      Step back on your left and hold  
7-8      Step back on you right and hold

REPEAT

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