Shade Of Blue



拍數: 32 牆數: 4 級數: Improver

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音樂: Deeper Shade of Blue - Steps



STOMP FORWARD, HOLD, STOMP FORWARD, HOLD, KICK & APART, SWIVELS IN

1 Right - stomp forward

2 Hold for (1 count) while clapping hands

3 Left - stomp forward

4 Hold for (1 count) while clapping hands

5 Right - kick slightly forward

&6 Land with feet apart (right then left) about shoulder length apart

7&8 Swivel toes in, heels in, toes in

RODEO KICKS, (RIGHT) SAILOR STEP, (LEFT) TURNING SAILOR STEP, FORWARD ROCK-RECOVER

9 Right - kick slightly forward
10 Right - kick slightly out to side
11 Right - cross step behind left foot
& Left - step slightly out to side
12 Right - step slightly out to side

Left - turning ¼ turn left, cross step behind right foot

Right - step slightly out to side
 Left - step slightly out to side

15 Right - step (rock) forward, while slightly lifting left foot off floor

16 Left - lower foot back to floor (recover)

SHUFFLE BACK, BACK ROCK-RECOVER, SHUFFLE FORWARD, ½ PIVOT TURN (LEFT)

17&18 Shuffle backward stepping (right-left-right)

19 Left - step (rock) backward, while slightly lifting right foot off floor

20 Right - lower foot back to floor (recover) 21&22 Shuffle forward stepping (left-right-left)

23 Right - step forward

On (balls of) both feet, pivot ½ turn left

KICK BALL CHANGE, KICK & TOUCH, TOE SWITCHES, CROSS STEP, ½ SPIRAL TURN (RIGHT)

25 Right - kick forward

& Right - land on (ball of) foot, while slightly lifting left foot off floor

26 Left - lower foot back to floor

27 Right - kick forward
& Right - step back to floor
28 Left - touch toe out to side

& Left - step together

29 Right - touch toe out to side & Right - step together

30 Left - touch toe out to side

31 Left - cross step in front of right foot

32 Unwind ½ turn right (keeping weight on left foot)

REPEAT