

# Sha-La-La-La-La

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 1      級數: Beginner  
編舞者: Stuart Poindexter (USA)  
音樂: Shalala Lala - Vengaboys



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## STEP LEFT, TOGETHER, STEP LEFT, CLAP-CLAP-CLAP, STEP RIGHT, BEHIND, RIGHT

1-3            Step left to left side, step right next to left, step left to left side  
4&5           Clap 3 times  
6-8            Step right to right side, step left behind right, step right to right side

## HEEL TAPS, HEEL FORWARD, CLAP, TOE BEHIND, CLAP

9-12          Tap left heel in front and replace, tap right heel in front and replace  
13-14        Tap left heel in front, hold and clap  
15-16        Tap left toe behind, hold and clap

## WALK-WALK TURN, SLAP-SLAP-SLAP, STEP BACK RIGHT-LEFT

17-19        Walk forward left, walk forward right, pivot  $\frac{1}{4}$  turn left on balls of both feet  
20&21        With head turned to look at front wall, slap right hip 3 times with both hands  
**During chorus replace hip slaps on counts 20&21 by slapping rear of dancer in front of you.**  
22-24        Pivot  $\frac{1}{4}$  turn right on balls of both feet, walk back on right foot, tap left next to right

## HEEL TAP LEFT HEEL TAP RIGHT, PIVOT TURN, PIVOT TURN

25-28        Tap left heel in front and replace, tap right heel in front and replace  
29-30        Step left foot in front, pivot  $\frac{1}{2}$  turn right  
30-32        Step left foot in front, pivot  $\frac{1}{2}$  turn right

**Optional hand movements on counts 29-30 and 31-32: tuck heels of hands under armpits with fingers pointing forward and press elbows forward while pivoting.**

**REPEAT**

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