

Sexy Sugar (P)

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 0 級數: Partner
編舞者: Guy Dubé (CAN) & Edith Bourgault (CAN)
音樂: Sugar - Sammy Kershaw



Position: Face LOD in Sweetheart Position, Side To Side
Presented in August at the Atelier X-trême 2003 - Quebec, Canada

SHUFFLE FORWARD, TOUCH, ½ TURN RIGHT, TOUCH, STEP, STEP, PIVOT ½ TURN RIGHT

- 1&2 Shuffle forward right, left, right
3 Touch left toe forward in raising your left hip
4 Drop left heel in place in dropping your left hip
5 Touch right toe forward by raising your right hip in turning ½ turn right
6 Drop right heel in place in dropping your right hip

The partners are now in Reverse Sweetheart Position, (RLOD)

- 7-8 Step left forward, pivot ½ turn right
On the count 7, release left hands and raise right hands over the man's head
Finish in Sweetheart Position, (LOD)

SIDE, BEHIND, (MAN: TRIPLE STEP) (LADY: TRIPLE STEP IN ½ TURN RIGHT), 4X HIP BUMPS OR 2X BODY ROLLS

- 1-2 Step left to left, step right behind left foot
3&4 **MAN:** Triple step left, right, left in place
 LADY: Triple step left, right, left in ½ turn right
The man and lady are now face to face, left hands crossed over the right hands
5-6 Step right forward with 2 hip bumps right diagonally to right
7-8 Two hip bumps left to left
Option: body roll upwards

MAN: TRIPLE STEP, STEP, TOUCH, SIDE, TOUCH, SIDE, TOUCH / LADY: TRIPLE STEP IN ½ TURN LEFT, STEP, TOGETHER, SIDE, TOUCH, SIDE, TOUCH

- 1&2 **MAN:** Triple step right, left, right in place
 LADY: Triple step right, left, right in place in turning ½ turn left
You are now in Indian Position, the man behind the lady with hands joined to the shoulders (LOD)
3-4 **MAN:** Step left forward, toe touch right together left
 LADY: Step left forward, step right together left
5-6 **MAN:** Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)
 LADY: Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)
7-8 **MAN:** Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)
 LADY: Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)

The partners on the count 6 and 8 look directly eye to eye

MAN: TRIPLE STEP, 2X SHUFFLES FORWARD, ROCK BACK / LADY: TRIPLE STEP IN ½ TURN RIGHT, 2X SHUFFLES FORWARD, ROCK BACK

- 1&2 **MAN:** Triple step right, left, right in place
 LADY: Shuffle left, right, left in ½ turn right
Release left hands. The partners turn face to face with only right hands together
3&4 **MAN:** Shuffle forward left, right, left
 LADY: Shuffle backward right, left, right

Release right hands. The shuffles are done by pushing the left palms one against the other

5-6 **MAN:** Shuffle forward right, left, right

LADY: Shuffle backward left, right, left

Release left hands. The shuffles are done by pushing the left palms one against the other

7-8 **MAN:** Rock back with left foot, return weight forward on right

LADY: Rock back with right foot, return weight forward on left

Man's hand: palm to the top holding the woman's hand in extension for the counts 7-8

MAN: SHUFFLE LEFT FORWARD, TRIPLE STEP, TRIPLE STEP IN $\frac{3}{4}$ TURN LEFT, SIDE, $\frac{1}{4}$ TURN LEFT /

LADY: SHUFFLE RIGHT FORWARD, TRIPLE STEP IN $\frac{1}{2}$ TURN RIGHT, TRIPLE STEP, STEP, TOGETHER

1&2 **MAN:** Shuffle forward left, right, left

LADY: Shuffle forward right, left, right

The man and the woman are now back with back by being always held the right hands

3&4 **MAN:** Triple step right, left, right but in traveling slightly to right

LADY: Triple step left, right, left in $\frac{1}{2}$ turn right

The lady is now behind the man and she takes her left hand

5&6 **MAN:** Triple step left, right, left in $\frac{3}{4}$ turn left

LADY: Triple step right, left, right in place

Release right hands and to finish by taking again right hands crossed over the left hands

7-8 **MAN:** Step right to right, touch left together right in $\frac{1}{4}$ turn left

LADY: Step left forward, step right together left

The right hands raise over the lady's head. The partners are back now in a Sweetheart Position (LOD)

LINDY BASIC, STEP FORWARD WITH BODY ROLL, BODY ROLL

1&2 Shuffle side left, right, left

3-4 Rock back with right foot, return weight forward on left

5-6 Step right diagonally forward by bending the knees, raise the body by pushing the hips forward

7-8 Bend the knees, raise the body by pushing the hips forward

Finish weight on right foot

REPEAT
