

# Sexy Sugar (P)

**COPPER** KNOB  
BY STEPHEN

拍數: 48      牆數: 0      級數: Partner  
編舞者: Guy Dubé (CAN) & Edith Bourgault (CAN)  
音樂: Sugar - Sammy Kershaw



Position: Face LOD in Sweetheart Position, Side To Side  
Presented in August at the Atelier X-trême 2003 - Quebec, Canada

## SHUFFLE FORWARD, TOUCH, ½ TURN RIGHT, TOUCH, STEP, STEP, PIVOT ½ TURN RIGHT

1&2      Shuffle forward right, left, right  
3      Touch left toe forward in raising your left hip  
4      Drop left heel in place in dropping your left hip  
5      Touch right toe forward by raising your right hip in turning ½ turn right  
6      Drop right heel in place in dropping your right hip

**The partners are now in Reverse Sweetheart Position, (RLOD)**

7-8      Step left forward, pivot ½ turn right  
**On the count 7, release left hands and raise right hands over the man's head**  
**Finish in Sweetheart Position, (LOD)**

## SIDE, BEHIND, (MAN: TRIPLE STEP) (LADY: TRIPLE STEP IN ½ TURN RIGHT), 4X HIP BUMPS OR 2X BODY ROLLS

1-2      Step left to left, step right behind left foot  
3&4      **MAN:** Triple step left, right, left in place  
          **LADY:** Triple step left, right, left in ½ turn right  
**The man and lady are now face to face, left hands crossed over the right hands**  
5-6      Step right forward with 2 hip bumps right diagonally to right  
7-8      Two hip bumps left to left  
**Option: body roll upwards**

## MAN: TRIPLE STEP, STEP, TOUCH, SIDE, TOUCH, SIDE, TOUCH / LADY: TRIPLE STEP IN ½ TURN LEFT, STEP, TOGETHER, SIDE, TOUCH, SIDE, TOUCH

1&2      **MAN:** Triple step right, left, right in place  
          **LADY:** Triple step right, left, right in place in turning ½ turn left  
**You are now in Indian Position, the man behind the lady with hands joined to the shoulders (LOD)**  
3-4      **MAN:** Step left forward, toe touch right together left  
          **LADY:** Step left forward, step right together left  
5-6      **MAN:** Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)  
          **LADY:** Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)  
7-8      **MAN:** Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)  
          **LADY:** Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)

**The partners on the count 6 and 8 look directly eye to eye**

## MAN: TRIPLE STEP, 2X SHUFFLES FORWARD, ROCK BACK / LADY: TRIPLE STEP IN ½ TURN RIGHT, 2X SHUFFLES FORWARD, ROCK BACK

1&2      **MAN:** Triple step right, left, right in place  
          **LADY:** Shuffle left, right, left in ½ turn right  
**Release left hands. The partners turn face to face with only right hands together**  
3&4      **MAN:** Shuffle forward left, right, left  
          **LADY:** Shuffle backward right, left, right

**Release right hands. The shuffles are done by pushing the left palms one against the other**

5-6           **MAN:** Shuffle forward right, left, right

**LADY:** Shuffle backward left, right, left

**Release left hands. The shuffles are done by pushing the left palms one against the other**

7-8           **MAN:** Rock back with left foot, return weight forward on right

**LADY:** Rock back with right foot, return weight forward on left

**Man's hand: palm to the top holding the woman's hand in extension for the counts 7-8**

**MAN: SHUFFLE LEFT FORWARD, TRIPLE STEP, TRIPLE STEP IN  $\frac{3}{4}$  TURN LEFT, SIDE,  $\frac{1}{4}$  TURN LEFT /**

**LADY: SHUFFLE RIGHT FORWARD, TRIPLE STEP IN  $\frac{1}{2}$  TURN RIGHT, TRIPLE STEP, STEP, TOGETHER**

1&2           **MAN:** Shuffle forward left, right, left

**LADY:** Shuffle forward right, left, right

**The man and the woman are now back with back by being always held the right hands**

3&4           **MAN:** Triple step right, left, right but in traveling slightly to right

**LADY:** Triple step left, right, left in  $\frac{1}{2}$  turn right

**The lady is now behind the man and she takes her left hand**

5&6           **MAN:** Triple step left, right, left in  $\frac{3}{4}$  turn left

**LADY:** Triple step right, left, right in place

**Release right hands and to finish by taking again right hands crossed over the left hands**

7-8           **MAN:** Step right to right, touch left together right in  $\frac{1}{4}$  turn left

**LADY:** Step left forward, step right together left

**The right hands raise over the lady's head. The partners are back now in a Sweetheart Position (LOD)**

**LINDY BASIC, STEP FORWARD WITH BODY ROLL, BODY ROLL**

1&2           Shuffle side left, right, left

3-4           Rock back with right foot, return weight forward on left

5-6           Step right diagonally forward by bending the knees, raise the body by pushing the hips forward

7-8           Bend the knees, raise the body by pushing the hips forward

**Finish weight on right foot**

**REPEAT**

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