Sexy Hips (P)



拍數: 56 牆數: 0 級數: Partner

編舞者: Hazel Parfitt (UK)

音樂: Lyin' to My Heart - Jenai



Position: Right Side by Side

STOMP TWICE, KICK TWICE, COASTER STEP, WALK TWICE

1-2 Stomp right twice
3-4 Kick right forward twice
5&6 Right coaster step
7-8 Walk forward left, right

LEFT VINE, TOUCH, RIGHT VINE WITH TURN, TOUCH

1-2 Step left with left, cross right behind left3-4 Step left with left, touch right beside left

5-8 MAN: Step right to right side, step left behind right, right step 1/4 to the right, left touch beside

right

LADY: Roll 1 1/4 to the right over three counts with a touch, drop left hands & raise right to

finish in Indian Position

STEP, SLIDE, SHUFFLE X 3

1-2 Left step side, to LOD, right slide beside left

3&4 Left shuffle ¼ turn to the left

Now in right side by side

5&6 Right shuffle forward7&8 Left shuffle forward

STEP TWICE, HIP BUMPS X 9

1-2 Step forward right, step forward left

3&4 Bump hips left, right, left 5&6 Bump hips right, left, right 7&8 Bump hips left, right, left

SHUFFLE TWICE, STEP PIVOT TWICE

1&2 Right shuffle forward3&4 Left shuffle forward

5-6 Step forward right, pivot ½ turn to the left 7-8 Step forward right, pivot ½ turn to the left

SHUFFLES X 4

1-8 Four shuffles forward commencing with right shuffle

Drop left arm & raise right, lady does one full turn to the right on 2nd & 3rd shuffle

HEEL STRUTS X 4

1-8 Four heel struts commencing with right

For styling: place heel forward then angle foot outwards as you place toe down

REPEAT