

Sexy Got Skillz

COPPERKNOB
STEPSHEETS

拍數: 68 牆數: 4 級數: Intermediate
編舞者: Derek Steele (USA)
音樂: She's Got Skillz - All 4 One



Start dance on vocals. There will be a couple of drum beats then the rest of music starts, at this point count in 32 beats

This dance is dedicated to the little sexy in my life "Natasha"

SKATE RIGHT, LEFT, FORWARD LOCKING CHA

- 1-2 Glide right foot forward on floor in a semi circle from home to left to right as if skating, repeat this pattern with left foot
3&4 Shuffle forward right, left, right (locking left behind right)

SKATE LEFT, RIGHT, FORWARD LOCKING CHA

- 5-6 Glide left foot forward on floor in a semi circle from home to right to left as if skating, repeat this pattern with right foot
7&8 Shuffle forward left, right, left - (locking right behind left)

STEP, PIVOT ½ TO LEFT

- 9-10 Step right forward, pivot ½ turn shifting weight to left foot

RIGHT VINE WITH SYNCOPATION, LEFT VINE WITH SYNCOPATION

- 11-12 Right step side right, left step behind right
13&14 Right step side right, left step behind right, right step side right
15-16 Left step side left, right step behind left
17&18 Left step side left, right step behind left, left step side left

SKATE RIGHT, LEFT, FORWARD LOCKING CHA

- 19-20 Glide right foot forward on floor in a semi circle from home to left to right as if skating, repeat this pattern with left foot
21&22 Shuffle forward right, left, right (locking left behind right)

SKATE LEFT, RIGHT, FORWARD LOCKING CHA

- 23-24 Glide left foot forward on floor in a semi circle from home to right to left as if skating, repeat this pattern with right foot
25&26 Shuffle forward left, right, left (locking right behind left)

STEP, PIVOT ½ TO LEFT

- 27-28 Step right forward, pivot ½ turn, shifting weight to left foot

RIGHT SHUFFLE FORWARD, STOMP LEFT, STOMP RIGHT

- 29&30 Shuffle forward right, left, right
31-32 Stomp left foot beside right, stomp right foot beside left (weight on right)

HIP BUMPS LEFT AND RIGHT

When dancing to "She Got Skillz", the number of hip bumps changes on each wall as follows:

4, 2, 4, 8, 4 each left and right

- 33-36 Bump hip to the left
37-40 Bump hip to the right

PADDLE TURNS, BODY ROLL

- 41-46 Step left foot forward, turn $\frac{1}{4}$ to right on ball of right foot, repeat 2 more times to complete a $\frac{3}{4}$ turn
- 47-48 Body roll (from right to left, making sure weight is on left)

RIGHT VINE WITH SYNCOPATION, LEFT VINE WITH SYNCOPATION

- 49-50 Step right side right, step left behind right
- 51&52 Step right side right, step left behind right, step right side right
- 53-54 Step left side left, step right behind left
- 55&56 Step left side left, step right behind left, step left side left

KICK BALL CHANGES MOVING RIGHT

- 57&58 Kick right foot forward, step on ball of right, shift weight to left (move to the right while doing this)
- 59&60 Repeat above steps 57 & 58

STEP, PIVOT $\frac{1}{2}$ LEFT, STOMP, STOMP, BODY ROLL, BODY ROLL

- 61-62 Step forward right, pivot $\frac{1}{2}$ turn left, shifting weight on left
- 63-64 Stomp right beside left, stomp left beside right
- 65-66 Body roll (from right to left, making sure weight is on left)
- 67-68 Body roll (from left to right, leaving weight on left)

REPEAT
