

Sexy "X"

COPPERKNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Marilyn Griffin (UK)
音樂: Just a Little - Liberty X



Short intro - start on the word sexy

HEEL SWITCHES WITH STOMP HOLDS

- 1&2 Touch right heel forward, step right next to left & touch left heel forward
&3-4 Step left next to right and stomp right forward - hold
5&6 Touch left heel forward, step left next to right and touch right heel forward
&7-8 Step right next to left and stomp left forward - hold

For styling, on right stomp angle body to left diagonal corner and on left stomp angle body to right diagonal corner - knee will bend slightly across in front of other leg

ROCK FORWARD, TRIPLE ½ TURN, STEP ¾ TURN, LEFT CROSSING SHUFFLE

- 1-2-3&4 Rock forward on right, replace weight on left, ½ turn stepping right, left, right (over right shoulder)
5-6-7&8 Step forward on left & pivot ¾ turn, (now facing 3:00 wall), step right to side, cross left over right, step right to side, cross left over right

RIGHT DIP AND HIP BUMP, LEFT DIP & HIP BUMP, LEFT WEAVE & HEEL

- 1-2 Step right to right diagonal (2:00 position), dipping body down (1) and pushing weight up and over right hip (2)
3-4 Moving weight back towards left, dip body down (3) and up over left hip (4)
The more styling the better. This is the sexy bit
5&6&7&8 Step right behind left, step left to side, step right over left, step left to side, step right behind left, step left to side and slightly back, touch right heel forward

& ROCK FORWARD, LEFT BACK SHUFFLE, MOON WALKS, COASTER STEP

- &1-2-3&4 Step right next to left and rock forward on left, return weight to right, step back on left step right next to left, step back on left
5-6 Step right back (dragging), step left back (dragging)
Michael Jackson type "moon walks"
7&8 Step back on right, step left next to right, step forward on right

KICK CROSS, SIDE, SAILOR ½ TURN, KICK CROSS, SIDE, SAILOR ½ TURN

- 1-2-3&4 Kick left across front of right then out to left side, step left behind right, step right ½ turn, step left out to side
5-6-7&8 Kick right cross front of left then out to right side, step right behind left, step left ½ turn, step right out to side

Optional hand movements on this section: as you kick across, punch hands (in fists), down & crossed over in front of knees (x), as you kick out to sides, spread hands down and out slightly to the sides of the body - shoulders should move up and down in jerky movements - this is the funky bit!

LEFT LOCK, LEFT SHUFFLE, RIGHT & LEFT TOE STRUT SHIMMIES

- 1-2-3&4 Step left forward, lock right behind left, step left forward, bring right to meet left step forward on left
5-6-7-8 Step right toe forward, drop right heel, step left toe forward, drop left heel - shimmying shoulders double time throughout 5&6&7&8

CROSS UNWIND ½ TURN, LEFT KICK & HEEL, 2 RIGHT HEEL BALL CROSSES

- 1-2-3&4 Cross right over left and unwind $\frac{1}{2}$ turn (weight on right), kick left to left diagonal, step left next to right and touch right toe next to left
- 5&6-7&8 Touch right heel forward, step right slightly back behind left, cross left over right, - repeat (traveling to right throughout)

RONDE, RONDE, HIP BUMPS, HIP BUMPS

- 1-2-3-4 Sweep right out to side and around, cross in front of left, step down on right. Sweep left out to side and around, cross in front of right, step down on left (during sweeps foot should remain slightly off the floor)
- 5&6-7&8 Step right to right side (weight on right) as you bump hips right left right, transfer weight to left as you bump hips left right left. (another sexy bit - let go.)

REPEAT
