

# Sex Bomb

拍數: 0                      牆數: 4                      級數: Intermediate  
編舞者: Leanne Leis (AUS) & Chris Watson (AUS)  
音樂: Sex Bomb - Tom Jones & Mousse T.



Sequence: AB TAG ABB AB A

## PART A

### RIGHT DOROTHY, LEFT DOROTHY, STEP ½ PIVOT, SHUFFLE FORWARD

- 1-2&3-4&      Step right forward diagonally, step left behind right, step right beside left, step left forward diagonally, step right behind left, step left beside right  
5-6-7&8      Step right forward, pivot ½ turn left, shuffle forward right-left-right

### ROCK FORWARD, BACK, LEFT COASTER, RIGHT DOROTHY, LEFT DOROTHY

- 1-2-3&4      Rock forward on left, rock back on right, step left back, step right beside left, step left forward  
5-6&7-8&      Step right forward diagonally, step left behind right, step right beside left, step left forward diagonally, step right behind left, step left beside right

### HIP ROCKS, COASTER, HIP ROCKS, COASTER

- 1-2-3&4      Rock step right to right pushing hips, rock onto left, step right back, step left beside right, step right forward  
5-6-7&8      Rock step left to left pushing hips, rock onto right, step left back, step right beside left, step left forward

### ROCK, REPLACE, CROSS SHUFFLE, ½ TURN, CROSS SHUFFLE

- 1-2-3&4      Rock step right to right, rock onto left, step right across left, step left to left, step right across left  
5-6-7&8      Turning ¼ turn right step back on right, turning ¼ turn right step right to right, step left across right, step right to right, step left across right

### STEP TOUCH, STEP TOUCH, ¼ TURN, TWISTS

- 1-2-3-4      Step right forward, touch left toe to left, step left across right, touch right toe to right  
5-6      Step right forward, turn ¼ turn left twisting heels to right (facing 9:00)  
7&8      Traveling left - twist heels, toes, heels (heels to center position)

### STEP, PIVOT, KICK BALL CHANGE, SIDE ROCK CROSS, STEP ¼ TURN

- 1-2-3&4      Step forward right, pivot ½ turn left (keeping weight on right), kick left forward, step left beside right, step right in place  
5&6-7-8      Rock step left to left, rock onto right, step left across right, step right to right, turn ¼ turn left taking weight on left

### DOUBLE HIPS RIGHT, DOUBLE HIPS LEFT, HIP ROTATIONS

- 1&2-3&4      Stepping right to right push hips twice, push hips twice to left  
5-6-7-8      Rotate hips twice (full circles to the left)

### TOE, HEEL, TOE, HEEL, ROCK, ¼ TURN, SHUFFLE FORWARD

- 1-2-3-4      Step right toe across left, place heel down, step left toe to left, place heel down  
5&6-7&8      Rock right across left, rock back onto right, turn ¼ turn right (facing 3:00), shuffle forward right-left-right

## PART B

### ROCK, REPLACE, BEHIND SIDE CROSS, REPEAT

- 1-2-3&4      Rock right to right, rock onto left, step right behind left, step left to left, step right across left

5-6-7&8 Rock left to left, rock onto right, step left behind right, step right to right, step left across right

### **SCOOTS AND STEPS**

&1&2& Scoot back on left, step onto right, scoot back on right, step onto left, scoot back on left

3&4 Step onto right, step left, step right in place

&5&6& Scoot back on right, step onto left, scoot back on left, step onto right, scoot back on right

7&8 Step onto left, step right, step left in place

### **JUMP OUT, IN, HEEL & STEP, ROCK FORWARD, BACK, FULL TURN**

&1&2&3&4 Jump out right-left, together right-left, step right back, place left heel forward 45deg, step left to center, step right forward

5-6-7&8 Rock forward on left, rock back on right, turn full turn left stepping left-right-left on the spot

### **ROCK REPLACE, CROSS SHUFFLE, ROCK ¼ TURN, SHUFFLE FORWARD**

1-2-3&4 Rock right to right, rock onto left, step right across left, step left to left, step right across left

5-6-7&8 Rock left to left, rock onto right as you turn ¼ turn right, shuffle forward left-right-left

### **TAG**

#### **SIDE, TOGETHER, SIDE TOGETHER & CLAP, REPEAT**

1-2-3-4 Step right to right, step left beside right, step right to right, step left beside right clapping hands

5-6-7-8 Step left to left, step right beside left, step left to left, step right beside left clapping hands

#### **SHUFFLE RIGHT, ROCK BACK, FORWARD, SHUFFLE LEFT, ROCK BACK, FORWARD**

1&2-3-4 Shuffle to right stepping right-left-right, rock back on left, rock forward on right

5&6-7-8 Shuffle to left stepping left-right-left, rock back on right, rock forward on left

### **ENDING**

To end the dance, you will be doing Part A. Dance the hip rotations, but as you finish the second one, turn ¼ turn right (to face front wall) and end with weight on left and right heel forward

---