

76 Step

拍數: 76 牆數: 1 級數: Beginner straight rhythm
編舞者: Jim Bunting
音樂: Down At the Twist and Shout - Mary Chapin Carpenter



Based on Slappin' Leather (St Louis Style) by Gayle Brandon

PIGEON TOES, HEEL TAPS

1-4 Spread heels apart, pull heels together, spread heels apart, pull heels together
5-8 Tap right heel out in front, bring feet together, tap left heel out in front, bring feet together
9-12 Tap right heel out in front, bring feet together, tap left heel out in front, bring feet together

HEEL & TOE TAPS, THE CLOCK TOUCH

13-16 Tap right heel forward, tap right heel forward, tap right toe back, tap right toe back
17-18 Touch right foot out in front to 12:00, touch right foot out to side to 3:00

SLAP, TOUCH, SPIN/TURN

19-20 Bring right foot up behind left leg and slap left hand to right foot, touch right foot out to side to 3:00
21-22 Bring right foot up across left leg and slap left hand to right foot, flip right leg out to the right, while spinning $\frac{1}{4}$ to your left

GRAPEVINE RIGHT, KICK LEFT, GRAPEVINE LEFT, KICK RIGHT

23-26 Step right to side, cross left behind right, step right to side, kick left (optional hitch)
27-30 Step left to side, cross right behind left, step left to side, kick right (optional hitch)

STEP BACK, STEP, DRAG, STEP, STOMP

31-34 Step back on right, step back on left, step back on right, kick left (optional hitch)
35-38 Step forward left, drag right forward to left, step forward left, stomp right foot

Do mirror image

PIGEON TOES, HEEL TAPS

39-42 Spread heels apart, pull heels together, spread heels apart, pull heels together
43-46 Tap left heel out in front, bring feet together, tap right heel out in front, bring feet together
47-50 Tap left heel out in front, bring feet together, tap right heel out in front, bring feet together

HEEL & TOE TAPS, THE CLOCK TOUCH

51-54 Tap left heel forward, tap left heel forward, tap left toe back, tap left toe back
55-56 Touch left foot out in front to 12:00, touch left foot out to side to 9:00

SLAP, TOUCH, SPIN/TURN

57-58 Bring left foot up behind right leg and slap right hand to left foot, touch left foot out to side to 9:00
59-60 Bring left foot up across right leg and slap right hand to left foot, flip left leg out to the left, while spinning $\frac{1}{4}$ to your right

GRAPEVINE LEFT, KICK RIGHT, GRAPEVINE RIGHT, KICK LEFT

61-64 Step left to side, cross right behind left, step left to side, kick right (optional hitch)
65-68 Step right to side, cross left behind right, step right to side, kick left (optional hitch)

STEP BACK, STEP, DRAG, STEP, STOMP

69-72 Step back on right, step back on left, step back on right, kick left (optional hitch)
73-76 Step forward left, drag right forward to left, step forward left, stomp right foot

REPEAT
