

Sevens Rhumba

COPPER KNOB
STEPPING

拍數: 32 牆數: 2 級數:
編舞者: David Millington (UK)
音樂: Two Pina Coladas - Garth Brooks



SYNCOPATED RHUMBA BOX, PIVOT TURNS, REPEAT

1&2 Step left foot to left side, step right next to left, step left foot forward
3-4 Pivot a ¼ turn right on 2 beats (dipping slightly, click fingers on beat 4)
5-6 Pivot a ¼ turn right on 2 beats (dipping slightly, click fingers on beat 4)
7-12 Repeat beats 1-6 on opposite feet

CROSS STEPS ENDING WITH A TOUCH

13-14 Cross right foot over left step left foot to left side
15&16 Cross right foot over left, step left foot to left side, touch right foot over left

STEP SLIDE, ROLL HIPS

17-18 Step right foot to right side, slide left up to right
19-20 Roll hips once to the left

At beginning of the second & 4th chorus roll hops twice to fit words "Bring Me", and at the beginning of the 3rd chorus roll hips 4 times to fit words "Bring, bring, bring me", (this is easier than it sounds)

ROCK TO SIDE & STEP BACK, REPEAT 3 TIMES

21&22 Step right to right side, while rocking on to it, rock left to left, step right foot back
23&24 Repeat beats 21&22 on opposite feet
25-28 Repeat beats 21-24

KNEE ROLLS WITH TWO ¼ TURNS

29-30 Make ¼ turn to left while rolling left knee out, roll right knee in
31-32 Repeat beats 29-30

At beginning of the 1st chorus the last two knee rolls are slowed to 4 beats of music, to fit the words "bring me"

REPEAT
