

Seven Year Heart Ache

COPPERKNOB
STEPPERS

拍數: 40 牆數: 2 級數: Improver
編舞者: Glynn Holt (UK)
音樂: Seven Year Ache - Trisha Yearwood



RIGHT VINE, LEFT VINE

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, step left next to right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, step right next to left

SIDE TOUCH, SIDE TOUCH, FORWARD TOUCH, BACK TOUCH

1-2 Step right to right side, touch left next to right
3-4 Step left to left side, touch right next to left
5-6 Step forward on right, touch left next to right
7-8 Step back on left, touch right next to left

WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE FORWARD, ROCK FORWARD BACK, BACK SHUFFLE

1-2 Walk forward right, walk forward left
3&4 Shuffle forward on right left right
5-6 Rock forward on left, recover on right
7&8 Shuffle back on left right left

ROCK RECOVER, KICK BALL CHANGE, SIDE ROCK, BEHIND AND IN FRONT

1-2 Rock back onto right, recover on left
3&4 Kick forward right, step right beside left, step left in place
5-6 Rock right to right side, recover on left
7&8 Step left to left side, right behind left and in front of left

SIDE ROCK, SAILOR ¼ TURN LEFT, STEP FORWARD ½ TURN, WALK FORWARD TWICE

1-2 Rock left to left side, recover on right
3&4 Sailor step making ¼ turn left, stepping behind side turn
5-6 Step forward on right, pivot ½ turn over left shoulder
7-8 Walk forward right, walk forward left

REPEAT
