

# Seven Year Ache

拍數: 32      牆數: 4      級數: Improver  
編舞者: Alice Daugherty (USA) & Tim Hand (USA)  
音樂: Seven Year Ache - Rosanne Cash



## WALK, WALK FULL TURN ¼ TURN CROSSING TRIPLE

- 1-2            Step forward with right foot, step forward with left foot
- 3-4            Pivot ½ turn to left stepping right back, pivot ½ turn to left stepping left forward
- 5-6            Step right foot forward, pivot ¼ turn to left shifting weight to left
- 7&8            Cross right in front of left, step left to side, cross right in front of left

## STEP TOUCHES WITH TURNS, BOX STEP

- 1-2            Step left to side touch right next to left
- 3-4            Step right back making ¼ turn to right touch left next to right
- 5-6            Step left forward making ¼ to right touch right next to left
- 7-8            Step right back making ¼ turn to right touch left next to right

## WEAVE TO LEFT WITH A FOOT SWEEP

- 1-2            Step left to side, step right behind left
- 3-4            Step left to side, step right in front of left
- 5-6            Step left to side, step right behind left
- 7-8            Sweep left behind right, step on left

## STEP CROSS TURN BACK LOCK BACK ROCK FORWARD AND BACK

- 1-2            Step right to side, cross left in front of right
- 3&4            Step right back making ¼ turn left, lock left in front of right, step right back
- 5-6            Rock back on left, recover on right
- 7-8&          Rock forward on left, recover on right step back on ball of left

## REPEAT

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