

# Seven Year Ache (L/P)

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner line/partner dance  
編舞者: Chris Peel (UK)  
音樂: Seven Year Ache - Trisha Yearwood



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## WEAVE LEFT, STOMP INTO RIGHT TOE FAN, STEP TOGETHER

1-2            (Moving left) step right across left, side step left  
3-4            Step right behind left, step left beside right  
5-6            Stomp right forward, (keeping weight on heel) swivel to right  
7-8            Swivel right heel to center taking weight, step left beside right

## PENDULUM ROCKS FORWARD AND BACK, CROSS STEPS WITH POINTS

9-10          Rock right forward, rock weight back onto left  
11-12        Rock right back, rock weight forward onto left  
13-14        Step right across left, point left toe to side  
15-16        Step left across right, point right toe to side

## JAZZ BOX WITH ¼ TURN RIGHT

17-18        Step right across left, step left back  
19-20        Step ¼ turn right, step left beside right

## TOE TOUCHES, KICK-BALL, TOUCH (LEADING RIGHT, THEN LEFT)

21-22        Touch right toe to side, touch right toe beside left  
23&24        Kick right forward - step right beside left, touch left in place  
25-26        Touch left toe to side, touch left toe beside right  
27&28        Kick left forward - step left beside right, touch right in place

## SHUFFLES FORWARD

29&30        Step right forward - step left beside right, step right forward  
31&32        Step left forward - step right beside left, step left forward

## REPEAT

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