7 Times 2 (P)

拍數: 64

級數: Partner

編舞者: Jeff Mills (UK) & Thelma Mills (UK)

音樂: Same Thing Happened to Me - John Prine

HEELS SWIVELS, LEFT FORWARD, CROSS, FORWARD TOUCH

- 1-2 Swivel both heels to the left, back to center
- 3-4 Swivel both heels to the right, back to center
- 5-6 Touch left heel forward, cross and touch left toes to floor in front of right
- 7-8 Touch left heel forward, touch left foot next to right

(MAN) LEFT VINE, TOUCH; (LADY) THREE STEP TURN, TOUCH

MAN: Left vine, left, right, left, touch right next to left

LADY: Three step turn left, right left, touch right next to left to the left

Drop left hands, raise right hand, man takes small steps to allow lady to finish turn in front of man in tandem position, with both right hands on lady's right hip, rejoin left hands

HIP BUMPS

9-12

- 13-14 Step right. Slightly to right and bump right hip to right, bump left hip to left with weight transfer to left
- 15-16 Bump right hip to right with weight transfer to right, bump left hip to left with weight transfer to left

(MAN) RIGHT VINE, TOUCH; (LADY) THREE STEP TURN, TOUCH

MAN: Vine right, right, left, right, touch left next to right

LADY: Three step turn right, left, right, touch left next to right to the right

Drop left hands, raise right hand, man takes small steps to allow lady to finish turn in side by side position. Rejoin left hands

HIP BUMPS

17-20

21-22Step left slightly to left and bump hip to left, bump right hip to right with weight transfer to right23-24Bump left hip to left with weight transfer to left, bump right hip to right with weight transfer to
right

SHUFFLES FORWARD

- 25&26 Left shuffle forward on left, right, left
- 27&28 Right shuffle forward on right, left, right
- 29&30 Left shuffle forward on left, right, left

(MAN) ¼ SHUFFLE TURN TO RIGHT; (LADY) ¼ SHUFFLE TURN TO LEFT

- 31&32 MAN: ¼ Shuffle turn to right on right, left, right
 - LADY: ¼ Shuffle turn to left on right, left, right

Release left hands, raise right hands over lady's head and lower right arms between lady and man as shuffle turn is completed. You are now facing each other

(MAN) LEFT VINE, HITCH; (LADY) LEFT VINE, HITCH

33-36 **MAN:** Left vine on left, right, left, hitch right leg, LOD

LADY: Left vine on left, right, left, hitch right leg, RLOD

Keep hold of right hands and slap left hand with left hand of neighbor when hitching right leg

(MAN) RIGHT VINE, HITCH; (LADY) RIGHT VINE, HITCH





牆數:0

37-40 MAN: Right vine on right, left, right, hitch left leg, RLOD

LADY: Right vine on right, left, right, hitch left leg, LOD

During vine, release right hands and at finish of vine man's right shoulder should be next to lady's right shoulder. Join man's left hand with lady's right, lady's left hand on man's right shoulder. Man's right hand on lady's left hip

FULL TURN, STEP HITCHES, TO THE RIGHT

- 41-42 Step ¼ turn right with left hitch right leg
- 43-44 Step ¼ turn right with right, hitch left leg
- 45-46 Step ¼ turn right with left, hitch right leg
- 47-48 Step ¼ turn right with right, hitch left leg

(MAN) ¼ TURN LEFT, HITCH; (LADY) ¼ TURN RIGHT, HITCH

49-52 **MAN:** Step left, right, left, making a ¼ turn left moving slightly backwards to face LOD and hitch right leg

LADY: Step left, right, left, making a ¼ turn right moving slightly backwards to face LOD and hitch right leg

Release man's left hand, lady's right hand and return to side by side position

STEP LOCKS, SHUFFLES

- 53-54 Step right leg forward at 45deg, step and lock left leg behind right leg
- 55&56 Right shuffle forward right, left, right
- 57-58 Step left leg forward at 45deg, step and lock right leg behind left leg
- 59&60 Left shuffle forward left, right, left

JAZZ TRIANGLE

- 61-62 Cross right left, step left back
- 63-64 Step right to right side, step left next to right

REPEAT