

Set On U

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gloria Johnson (USA)
音樂: Ain't Nothin' No One Can Do - Sean Dennison



The CD can be ordered through Sean's web site: <http://www.seandennison.com>

"WEST COAST" SLOW COASTER STEP, HOLD

1-2 Step right forward; step left forward
3-4 Tap right toe behind left foot; step right back
5-6 Step left back; step right back
7-8 Step left forward; hold

OUT-OUT, HOLD, IN-CROSS, HOLD, 4 CT. FULL TURN

&9-10 Step right slightly out; step left slightly out; hold
&11-12 Step left slightly in; cross-step right over left; hold
13-16 Pivot a full turn over 4 counts

HEEL/TOE SWIVELS

17-18 Swivel heels right; swivel toes right
19-20 Swivel heels right; swivel toes right
21-22 Swivel toes left; swivel heels left
23-24 Swivel toes left; swivel heels left

FIGURE 8

25-26 Step right to right side; cross-step left behind right
27-28 Turning $\frac{1}{4}$ right, step on right; step left forward
29-30 Pivot $\frac{1}{2}$ turn right; turning $\frac{1}{4}$ right, step on left
31-32 Cross-step right behind left; turning $\frac{1}{4}$ left, step on left

REPEAT

When doing the dance to "Ain't Nothin' No One Can Do," there is a 4-count musical bridge after the 2nd wall. Pause briefly here for the 4 beats, then begin the dance again