

# Set On U

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Gloria Johnson (USA)  
音樂: Ain't Nothin' No One Can Do - Sean Dennison



The CD can be ordered through Sean's web site: <http://www.seandennison.com>

## "WEST COAST" SLOW COASTER STEP, HOLD

1-2            Step right forward; step left forward  
3-4            Tap right toe behind left foot; step right back  
5-6            Step left back; step right back  
7-8            Step left forward; hold

## OUT-OUT, HOLD, IN-CROSS, HOLD, 4 CT. FULL TURN

&9-10        Step right slightly out; step left slightly out; hold  
&11-12       Step left slightly in; cross-step right over left; hold  
13-16        Pivot a full turn over 4 counts

## HEEL/TOE SWIVELS

17-18        Swivel heels right; swivel toes right  
19-20        Swivel heels right; swivel toes right  
21-22        Swivel toes left; swivel heels left  
23-24        Swivel toes left; swivel heels left

## FIGURE 8

25-26        Step right to right side; cross-step left behind right  
27-28        Turning  $\frac{1}{4}$  right, step on right; step left forward  
29-30        Pivot  $\frac{1}{2}$  turn right; turning  $\frac{1}{4}$  right, step on left  
31-32        Cross-step right behind left; turning  $\frac{1}{4}$  left, step on left

## REPEAT

When doing the dance to "Ain't Nothin' No One Can Do," there is a 4-count musical bridge after the 2nd wall. Pause briefly here for the 4 beats, then begin the dance again