

Serenity (P)

拍數: 56 牆數: 0 級數: Partner
編舞者: Unknown
音樂: Boot Scootin' Boogie - Brooks & Dunn



Position: Dance starts facing OLOD. Man behind lady in Indian Position

- 1-2 Rock back on right foot behind left at 45 degrees, rock forward onto left foot
3&4 Cha-cha-cha in place
5-6 Rock back on left foot behind right at 45 degrees, rock forward onto right foot
7&8 Cha-cha-cha in place
- 9-10 Repeat steps 1-2
11&12 Repeat steps 3&4
13-14 Rock back on the left foot behind right making $\frac{1}{4}$ turn to the left, (now facing LOD), rock forward on right foot
15-16 Step forward on left foot, slide right up to left
- 17-18 Step forward on left & slide right foot next to left
19-20 Step forward on left foot, slide right foot next to left
21-22 Step forward on left foot, cross right foot over left
23-24 Step back on left foot, step right beside left
- 25-28 Repeat steps 21-24
29-30 Rock forward on the left foot, and rock back onto right foot
31&32 Cha-cha-cha in place
- 33-34 Rock back on right foot with the lady turning $\frac{1}{4}$ turn to the right to outside LOD
35&36 Rock forward on the left foot, cha-cha-cha forward while lifting right arms and lady turns $\frac{3}{4}$ turn to the left now facing each other with arms crossed right over left
37-38 **MAN:** Rock forward on left foot, rock back on right foot
 LADY: Rock back on left foot, rock forward on right foot
39&40 **MAN:** Cha-cha-cha in place
 LADY: Cha-cha-cha turning $\frac{1}{2}$ turn right while returning to sweetheart position
41-42 BOTH: Partners rock back on right foot, rock forward on left foot
43&44 Cha-cha-cha forward
45-46 **MAN:** Step forward on left foot while turning $\frac{1}{2}$ turn to the right, return weight to right foot
 LADY: Rock forward on left foot, rock back on right foot
47&48 **MAN:** Cha-cha-cha left-right-left turning another $\frac{1}{2}$ turn finishing in hammerlock
 LADY: Cha-cha-cha in place
49-50 **MAN:** Rock back on right foot and rock forward on left foot, drop left hands
 LADY: Rock back on right foot and forward on left foot, drop left hand
51&52 **MAN:** Cha-cha-cha turning $\frac{1}{4}$ turn to the right to face OLOD
 LADY: Turn $\frac{3}{4}$ turn to the left on the cha-cha-cha, to face OLOD
- Return to Indian Position**
53-54 Both partners step to the left and hip bump, transfer weight to right foot and hip bump
55&56 Cha-cha-cha (left-right-left) in place

REPEAT