

Sereni T (P)

拍數: 54 牆數: 0 級數: Partner
編舞者: Serena Cannon
音樂: Neon Moon - Brooks & Dunn



Position: couples facing outside of circle, man behind lady with hands Joined on lady's shoulders. Very slow moving flow or can be done as a Stationary couples dance.

Drop right hands from shoulder and bring them low as you rock back

- 1 Step right foot behind left foot turning body slightly right and rock back
- 2 Rock forward on left foot turning toward LOD (raise right hands to shoulder again)
- 3&4 Step right foot in position and shuffle in place - right, left, right

Drop left hands from shoulder and bring them low as you rock back

- 5 Step left foot behind right foot turning body slightly left and rock back
- 6 Rock forward on right foot turning toward LOD

Raise left hands to shoulder again

- 7&8 Step left foot in position and shuffle in place - left, right, left
- 9-12 Repeat steps 1-5

Drop left hands from shoulder and bring them low as you rock back

- 13 Step left foot behind right foot turning body slightly left and rock back
- 14 Rock forward on right foot turning toward LOD
- 15 Holding left hands out to left side, step left foot to left side pointing toes to left
- 16 Slide right foot beside left foot, pivoting on left foot to straighten it out
- 17 Holding left hands out to left side, step left foot to left side pointing toes to left
- 18 Slide right foot beside left foot, pivoting on left foot to straighten it out

TURNING JAZZ SQUARE

Turn in your own dance space to end facing LOD, Side by side

- 19 Step left foot to left side turning $\frac{1}{4}$ left (to face LOD)
- 20 Cross right foot over the left and put weight on it
- 21 Step left foot back
- 22 Step right foot next to left

- 23 Jazz square - step left foot forward
- 24 Cross right over the left foot, weight on the right
- 25 Step left foot back
- 26 Step right foot back next to left foot
- 27 Step left foot forward and rock on it
- 28 Rock back on right foot
- 29&30 Shuffle in place - left, right, left
- 31 Step right foot back and rock on it (flash right arms out)
- 32 Rock forward on the left foot (right arms back in)

LADY

Right hand goes over lady's head to end with right hands crossed over left

- 33&34 Shuffle turning $\frac{1}{2}$ left to face man shuffle in place - right, left, right
- 35 Step back on left foot and rock
- 36 Rock forward on right foot

Right hands go over lady's head as she turns

- 37&38 Shuffle turning $\frac{1}{2}$ right to face LOD left, right, left
- 39 Step right foot back and rock on it
- 40 Rock forward on left foot
- 41&42 Shuffle forward - right, left, right

43 Step left foot forward and rock on it
As the man pivots on next move, keep left hands low as right hands go over lady's head first then man's to end with left hands behind man's back and right hands in front of lady
44 Rock back on right foot
45&46 Shuffle in place -left, right, left

47 Step right foot back and rock on it
48 Rock forward on left foot
49&50 Drop left hands and shuffle turning $\frac{3}{4}$ left to face outside LOD - right, left, right
Bring right hands up and pick up left hands at lady's shoulders
51 Step left foot in position and push hip to the left
52 Push weight to right hip
53&54 Shuffle in place - left, right, left

MAN

Right hand goes over lady's head to end with right hands crossed over left

33&34 Shuffle in place - right, left, right
35 Step forward on left foot and rock
36 Rock back on right foot

37&38 Shuffle in place - left, right, left
39 Step right foot back and rock on it
40 Rock forward on left foot
41&42 Shuffle forward - right, left, right
43 Step left foot forward and rock on it

As the man pivots on next move, keep left hands low as right hands go over lady's head first then man's to end with left hands behind man's back and right hands in front of lady

44 Pivot $\frac{1}{2}$ right (weight on right foot)
45&46 Turn $\frac{1}{2}$ right to end facing LOD while you shuffle - left, right, left
47 Step right foot back and rock on it
48 Rock forward on left foot
49&50 Drop left hands and shuffle turning $\frac{1}{4}$ right to face outside LOD - right, left, right
Bring right hands up and pick up left hands at lady's shoulders

51 Step left foot in position and push hip
52 Push weight to right hip
53&54 Shuffle in place - left, right, left

REPEAT
