September Shuffle (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Chris Sparks & Andrew Sparks

音樂: Union Mare, Confederate Grey - Easy Rider



Position: Sweetheart (Side By Side). Same footwork unless noted

WALK, WALK, KICK BALL CROSS

1-2 Walk forward left, right

3&4 Kick left forward, step down on left, cross right over left

ROCK BACK, FORWARD, SHUFFLE

5-6 Rock back on left, recover onto right

7&8 Left shuffle forward

WALK, WALK, KICK BALL CROSS

9-10 Walk forward right, left

11&12 Kick right forward, step down on right, cross left over right

ROCK BACK, FORWARD, SHUFFLE

13-14 Rock back on right, recover onto left

15&16 Right shuffle forward

1/4 TURN, TOGETHER, SIDE SHUFFLE

17-18 Step ¼ turn right on left, step together with right (OLOD)

19&20 Step to side on left, bring right up to left, step to side on left

As you make 1/4 turn bring hands out to sides

ROCK BEHIND, RECOVER, SIDE SHUFFLE

21-22 Rock behind on right, recover onto left

Step to side on right, bring left up to right, step to side on right

1/2 TURN TOGETHER, SIDE SHUFFLE

25-26 Step left, right making ½ turn to left (ILOD)

27&28 Step to side on left, bring right up to left, step to side on left (traveling RLOD) As you make turn release left hands and raise right, lady turns under right arms, rejoin hands

ROCK BEHIND, RECOVER, SIDE SHUFFLE 1/4 TURN

29-30 Rock behind on right, recover onto left

31&32 Step to side on right, bring left up to right, step \(\frac{1}{4} \) turn on right (into LOD)

MAN - WALK, WALK SHUFFLE, LADY - FULL TURN, SHUFFLE

33-34 **MAN:** Walk forward left, right

LADY: Make full turn right on left, right, traveling down LOD

35&36 Left shuffle forward

MAN FULL TURN SHUFFLE, LADY WALK, WALK, SHUFFLE

37-38 MAN: Make full turn left on right, left traveling don LOD

LADY: Walk forward right, left

39&40 Right forward shuffle

STEP LOCK, SHUFFLE, STEP LOCK, SHUFFLE

41-42	Step forward on left, lock right behind left
43&44	Left forward shuffle
45-46	Step forward on right, lock left behind right
47&48	Right forward shuffle
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REPEAT