

Separation Blues

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jan Wyllie (AUS)
音樂: Land Of Empty Dreams - Fools Gold



- 1-2 Step back on right, making ½ turn left step forward on left
3-4 Step forward on right, pivot ¼ turn left transferring weight to left
5&6 Step right behind left, step left to left, step right across left
7-8 Sway hips to left, sway hips to right
- 9-10 Sway hips to left, sway hips to right
11&12 Step left behind right, step right to right, step left across right
13-14 Sway hips to right, sway hips to left
15-16 Sway hips to right, sway hips to left
- 17-18 Making ½ turn right toe strut right to right side
19&20 Cross/shuffle to the right left, right, left
21-22 Making ¼ turn left step back on right, making ¼ turn left step left to left
23&24 Cross/shuffle to the left right, left, right
- 25-26-27-28 Rock/step left to left, rock weight to right, step left behind right, kick right across left
& Step right beside left
29-30-31-32 Rock/step left to left, rock weight to right, step left behind right, kick right across left
& Step right beside left
- 33-34-35-36 Step forward on left, pivot ½ turn right transferring weight to right, toe strut forward on left
37&38 Making ½ turn left shuffle forward right, left, right (becomes a backward shuffle)
39&40 Making a further ½ turn left shuffle forward left, right, left
- 41-42 Rock/step forward on right, rock back on left
43-44 Touch right toe back towards right diagonal, step back on right
45-46 Touch left toe back towards left diagonal, step back on left
47-48 Touch right toe back towards right diagonal, hold
- 49-50 Rock/step right behind left, rock weight to left
51-52 Making ¼ turn left step back on right, making ½ turn left step forward on left
53-54 Step forward on right, tap left toe behind right heel
&55&56 Step back on left, touch right heel forward, step forward on right, tap left toe behind right heel
(heel jacks)
- 57-58-59&60 Step forward on left, pivot ¼ turn right transferring weight to right, cross/shuffle to the right
left, right, left
61-62 Making ¼ turn left step back on right, making ½ turn left step forward on left
63-64 Rock/step forward on right, rock back on left

REPEAT