

Sentimental

拍數: 48 牆數: 4 級數: Improver
編舞者: Cliff Thomas (UK) & Elaine Eley (UK)
音樂: Sentimental - Gareth Gates



POINT, POINT, POINT, SLIDE, POINT, POINT, POINT, SLIDE

- 1-2 Point right toe forward, point right toe to right side
- 3-4 Point right toe behind & step right to right side & slide left together
- 5-6 Point left toe forward, point left toe to left side
- 7-8 Point left toe behind & step left to left side slide right together

KICK, CROSS UNWIND ½ TURN LEFT, COASTER STEP, SKATE, SKATE

- 1-2 Kick right forward, cross right over left
- 3&4 Shimmy ½ turn left over 2 counts
- 5&6 Step back on left, step right together, step forward on left
- 7-8 Skate right forward on right diagonal, skate left forward on left diagonal

KICK BALL CROSS, ¾ UNWIND RIGHT (TWIST & TWIST), COASTER STEP, SKATE, SKATE

- 1&2 Kick right forward, step right together, cross left over right
- 3&4 Unwind right ¾ (twist & twist)
- 5&6 Step back on right, step left together, step forward on right
- 7-8 Skate left forward on left diagonal, skate right forward on right diagonal

FORWARD ROCK, TRIPLE HALF TURN, FULL TURN (OR WALK, WALK) RIGHT SHUFFLE

- 1-2 Rock forward on left, rock back on right
- 3&4 Triple step turning half turn left stepping, left right left
- 5-6 Full turn left traveling forward stepping right left (or walk, walk)
- 7&8 Step forward on right, step left together, step forward on right

FORWARD ROCK, LEFT LOCK STEP BACK, REVERSE PIVOT HALF TURN RIGHT, LEFT SHUFFLE

- 1-2 Rock forward on left, rock back on right
- 3&4 Step back on left, lock right across left, step back on left
- 5-6 Touch right toe back, reverse pivot ½ turn right (taking weight on right)
- 7&8 Step forward on left, step right together, step forward on left

POINT TOGETHER, POINT TOGETHER, POINT TOGETHER, POINT TOGETHER ANGLE BODY

- 1&2 With attitude moving forward: point right slightly forward and diagonal, step weight on to right
- 3&4 Point left slightly forward and diagonal. Step weight on to left
- 5&6 Point right slightly forward and diagonal, step weight on to right
- 7&8 Point left slightly forward and diagonal. Step weight on to left

REPEAT

TAG

Where the music changes, at count 32 on the 12:00 wall (third wall)

STEP PIVOT ½ TURN RIGHT, TRIPLE HALF TURN RIGHT, ROCK BACK, RIGHT SHUFFLE FORWARD

- 1-2 Step forward left pivot ½ turn right
- 3&4 Shuffle step ½ turn right, stepping, left, right, left
- 5-6 Rock back on right, rock forward on left
- 7&8 Step forward on right, step left together, step forward on right
- 9-16 Repeat 1-8 as above

KICK & POINT & KICK & POINT, CROSS UNWIND, BUMP LEFT RIGHT

- 1&2 Kick left forward, point right to right side
- 3&4 Kick right forward, point left to left side
- 5-6 Cross left over right, unwind $\frac{1}{2}$ right
- 7-8 Bump left hip, bump right hip end with weight on left

KICK & POINT & KICK & POINT, CROSS UNWIND, BUMP LEFT RIGHT

- 1&2 Kick right forward, point left to left side
- 3&4 Kick left forward, point right to right side
- 5-6 Cross right over left & unwind $\frac{1}{2}$ left
- 7-8 Bump left hip, bump right hip end with weight on left to restart the dance

Restart the dance and carry on to the end of the musi
