

Sensitivity

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Chad Manson (UK)
音樂: Sensitivity (Radio Edit) - The Shapeshifters & Chic



KICK OUT OUT, TOE TOE STEPS GROSS SIDE, BEHIND SIDE CROSS

1&2 Kick right foot forward, step right to right; step left to left (shoulder apart)
3&4 Touch right toe beside right, touch right toe slightly to right, step right
5-6 Cross left over right, step right to right
7&8 Cross left behind right, step right to right, cross left over right

SIDE TOE SWITCHES, SAILOR ¼ LEFT, FORWARD LOCK, FORWARD SHUFFLE

1&2 Touch right toe to right, step right beside left, touch left toe to left
3&4 Cross left behind right, ¼ turn left step right to right, step left forward
5-6 Step right forward, lock left behind right
7&8 Step right forward, lock left behind right, step right forward

Styling: for counts 5-8, when step right pop left shoulder up, when step left pop right shoulder up

FORWARD ROCK, LEFT COASTER, MONTEREY ¾ RIGHT, SIDE CHASSE

1-2 Rock left forward, recover onto
3&4 Step left back, step right beside left, step left forward
5-6 Point right toe to right, ¾ turn right step right beside left
7&8 Step left to left, close right beside left, step left to left

POINT POINT, KNEE POP, LUNGE, RECOVER, TOUCH, PIVOT ½ RIGHT

1-2 Point right toe forward, point right toe to right
3-4 Pop right knee towards left, pop right knee out
5-6 Press right to right, recover onto left while dragging right toe in
7-8 Touch right toe back, pivot ½ turn right taking weight on right

SKATE TWICE, FUNKY WALKS FORWARD, SIDE, BACK TOUCH, SIDE, BACK TOUCH

1-2 Skate left to left diagonal, skate right to right diagonal
3&4 Walk forward left, right, left (add your own funky style.)
5-6 Step right to right, touch left behind right
7-8 Step left to left, touch right behind left

SIDE ROCK, CROSS SHUFFLE, ¼ RIGHT BACK, ½ RIGHT STEP, PIVOT ¼ RIGHT, CROSS

1-2 Rock right to right, recover onto left
3&4 Cross right over left, step left to left, cross right over left
5-6 ¼ turn right step right back, ½ turn right step right forward
7&8 Step left forward, pivot ¼ turn right, cross left over right

Restart from here on wall 5

SIDE ROCK CROSS, FORWARD ROCK; ½ LEFT SHUFFLE, RIGHT HITCH BALL CHANGE

1&2 Rock right to right, recover onto left, cross right over left
3-4 Rock left forward, recover onto right
5&6 ¼ turn left step left to left, step right beside left, ¼ turn left, step left forward
7&8 Hitch right knee, step on ball of right, step left forward

TOE HEEL SWIVELS (TRAVELING RIGHT), ¾ RIGHT WALK AROUND

1-4 With weight on left foot travel right: swivel left heel right & touch right toes together, swivel left toes right

- & Touch right heel together, swivel left heel right & touch right toes together, swivel left toes right
- & Touch right heel together
- 5-8 Walk around a $\frac{3}{4}$ turn right in a large circle right, left, right, left

REPEAT

TAG

After wall 2, do the following 16 counts, then restart dance

- 1-2 Rock right forward, recover onto left
- 3&4 Step right back, step left beside right; step right forward
- 5-6 Step left forward, pivot $\frac{1}{2}$ turn right
- 7-8 Step left forward, pivot $\frac{1}{2}$ turn right
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- 1-2 Rock left forward, recover onto right
- 3&4 Step left back, step right beside left, step left forward
- 5-6 Step right forward, pivot $\frac{1}{2}$ turn left
- 7-8 Step right forward, pivot $\frac{1}{2}$ turn left

RESTART

On wall 5, dance to count 48, then restart dance
