

Sensible Shoes

拍數: 64 牆數: 1 級數: Intermediate/Advanced
編舞者: Bob Izral (USA)
音樂: Steppin' Out With My Baby - Tony Bennett



CROSS, SIDE, MODIFIED SAILOR SHUFFLE

1-4 Cross left over right, hold, step right to side, hold
5-8 Cross left behind right, step right to side, step left to side and kick right toe to side, hold

CROSS-SIDE-TOUCH-KICK, CROSS-SIDE-TOUCH-KICK

1-4 Cross right behind left, step left to side, touch right at left instep, kick right to side
5-8 Cross right behind left, step left to side, touch right at left instep, kick right to side

TOP HAT AND WHITE TIE

The first time thru, the "top hat" and "white tie" are not mentioned in the lyrics. The first time only substitute these steps:

1-8 Cross right behind left, touch left toe to side, hold for 2 counts, step left together, touch right toe to side, hold for 2 counts

Otherwise, do these steps:

1-2: Cross right behind left, touch left toe to side
3-4: Put imaginary top hat on head with left hand, hold
5-6: Step left together, replace right together (flat, no weight)
7-8: Using both hands tug on your imaginary bow tie two times

SHAKE YOUR TAILS

1-2 Step right diagonally forward and bump hips right, bump hips left
3-4 Bump hips right, bump hips left
5-6 Bump hips right, bump hips left
7-8 Bump hips right and shift weight to right foot, turn body toward starting wall and hitch left knee in a figure 4

RIGHT DIAGONAL: CROSS, STEP, CROSS ROCK, BACK

1-4 Cross left over right, hold, step right diagonally forward, hold
5-8 Cross rock left over right, replace right foot, step left diagonally backward, hold

LEFT DIAGONAL: CROSS, STEP, CROSS ROCK, BACK

1-4 Cross right over left, hold, step left diagonally forward, hold
5-8 Cross rock right over left, replace left foot, step right diagonally backward, hold

SLOW JAZZ BOX

1-4 Cross left over right, hold, step right backward, hold
5-8 Step left to side, hold, cross right over left, hold

SIDE BEHIND 4 TIMES

In this section you will face diagonally left (face 10:30) and travel diagonally backward-left (travel toward 7:30)

1-2 Turn to face diagonally left and step left slightly to side, cross right behind left
3-4 Step left slightly to side, cross right behind left
5-6 Step left slightly to side, cross right behind left
7-8 Step left slightly to side, cross right behind left, then turn body toward starting wall to restart dance

REPEAT

TAG

After wall 2

TAP DANCE SECTION: BALL-CROSSES WITH BRUSHES, 5 FANS

Listen to the music; the steps correspond to the "tap dancing" in the music

- 1&2& Cross left over right (1), brush right toe to side (&), hold (2), step right ball behind left foot in 3rd position (&)
- 3&4& Cross left over right (3), brush right toe to side (&), hold (4), step right ball behind left foot in 3rd position (&)
- 5&6& Cross left over right (5), brush right toe to side (&), hold (6), step right ball behind left foot in 3rd position (&)
- 7-8 Cross left over right (7), step right next to left (weight on right foot) (8)
- 1-4 Hold (1), fan left toe to side tapping toe (2), hold (3), fan left toe together tapping toe (4)
- 1&2 Hold (1), fan left toe to side tapping toe (&), hold (2)
- 3-4 Fan left toe together tapping toe (3), fan left toe to side tapping toe (4)
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