

Senseless

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Liam Hrycan (UK)
音樂: Open Up Your Heart - M People



RIGHT VINE WITH RIGHT CHASSE, LEFT CROSS TOE TOUCH/LEFT SIDE STEP (¼-LEFT), RIGHT STEP, ¾ PIVOT LEFT

- 1-2 Step right foot to right side slightly forward, step left foot behind right
3&4 Step right foot to right side, step left foot to place beside right, step right foot to right side
5-6 Touch left toe across in front of right foot (diagonally at 45 degrees right), step left foot to left side a ¼ turn left
7-8 Step right foot forward, pivot a ¾ turn left (weight ending on right foot with left toe touched across it)

LEFT VINE WITH LEFT CHASSE, RIGHT CROSS TOE TOUCH/RIGHT SIDE STEP (¼-LEFT), LEFT STEP/½ PIVOT RIGHT

- 9-10 Step left foot to left side slightly forward, step right foot behind left
11&12 Step left foot to left side, step right foot to place beside left, step left foot to left side
13-14 Touch right toe across in front of left foot (diagonally at 45 degrees left), step right foot to right side a ¼ turn right
15-16 Step left foot forward, pivot a ½ turn right (weight ending on left foot)

RIGHT SAILOR STEP, LEFT CROSS BEHIND/UNWIND (½-LEFT), RIGHT SAILOR STEP, LEFT SAILOR STEP

- 17&18 Step right foot behind left, step left foot to left side, step right foot to right side
19-20 Cross left foot behind right, unwind a ½ turn left (weight ending on left foot)
21&22 Step right foot behind left, step left foot to left side, step right foot to right side
23&24 Step left foot behind right, step right foot to right side, step left foot to left side

RIGHT SCUFF/STEP FORWARD, LEFT KICK, BACKWARD ROLLING TURN (1 ½-LEFT), RIGHT SHUFFLE

- 25-26 Scuff right foot forward, step right foot forward
27 Kick left foot forward (or hitch left knee)
28-29 Step left foot back a ½ turn left, step right foot forward a ½ turn left
30 Step left foot back a ½ turn left (steps 28-30 complete a 1½ backward rolling turn over left shoulder)
31&32 Step right foot forward, step left foot to place beside right, step right foot forward

LEFT SIDE TOE TOUCH/CROSS STEP, (&) ½ TURN LEFT, RIGHT CROSS TOE TOUCH/SIDE STEP, RIGHT WEAVE (½-LEFT), HOLD

- 33-34 Touch left toe out to left side, step left foot over right
& Turn a ½ turn right on ball of left foot
35-36 Touch right toe across in front of left foot (diagonally at 45 degrees left), step right foot to right side
37-38 Step left foot over right, step right foot to right side a ¼ turn left
39-40 Step left foot back a ¼ turn left, hold position (and clap hands)

RIGHT CROSS ROCK/RECOVER, (&) ¼-RIGHT, RIGHT SHUFFLE, LEFT STEP/½ PIVOT RIGHT, (&) RIGHT LOCK BACK, LEFT STEP BACK/RIGHT CROSS TOUCH

- 41-42 Cross rock right foot over left, recover weight back onto left foot
& Turn a ¼ turn right on ball of left foot
43&44 Step right foot forward, step left foot to place beside right, step right foot forward

45-46 Step left foot forward, pivot a ½ turn right (weight ending on left foot)
& Lock step right foot over left
47-48 Step left foot back, touch right toe across in front of left foot (and clap hands)

REPEAT
