

S.E.N.M.R.Y.L.A.R.

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數:
編舞者: Sebastiaan Holtland (NL), Erik van Mullem, Nicky Du Breuil, Mary Kalidien,
Romina Bussenius, Yoeri Chinakwie, Lieke Rijpkema, Anaifely Brion & Roy
Hadisubroto (IRE)
音樂: We Be Burnin' - Sean Paul



OUT, WEIGHT CHANGE, OUT, TOGETHER, OUT, TOGETHER (SEBASTIAAN HOLTLAND)

1 Step right to right side and pop both knees out
& Pop both knees in
2 Weight change to left side and pop both knees out
& Pop both knees in
3 Weight change to right side and pop both knees out
& Step left next to right and pop both knees in
4 Step right to right side and pop both knees out
& Step left next to right

WALK AROUND (ERIK VAN MULLEM)

5-8 Walk in a circle starting with right

HEEL, HOOK, HEEL, FLICK, HEEL, HITCH, TOGETHER (NICKY DU BREUIL)

1 Right heel forward
& Right hook in front of left
2 Right heel forward
& Right flick to right side
3 Right heel forward
& Right hitch
4 Right next to left

JUMP OUT, BOUNCE (2X), JUMP TOGETHER, BOUNCE (2X) (MARY KALIDIEN)

5 Jump both feet out and bounce
Both arms waving forward
6 Bounce
Both arms waving forward
7 Jump both feet together and bounce
Right arm in front of body and left arm stretched out
8 Bounce
Both arms in same position

KICK, STEP, ROCK STEP, ¼ TURN, KICK, STEP, ROCK STEP (ROMINA BUSSENIUS)

1 Kick right forward
& Right step forward
2 Rock left to left side
& Recover back on right
3 Turn ¼ to the left and kick left forward
& Left step forward
4 Rock right to right side
& Recover back on left

STEP, STEP, STEP, STEP (WITH SHAKE) (YOERI CHINAKWIE)

5 Step right diagonally forward
6 Step left diagonally forward

7 Step right diagonally forward

8 Step left diagonally forward

With both arms in front of chest and shaking body

PADDLE TURN (WITH HIP ROLLS) (LIEKE RIJPKEMA)

1 Step right forward

& Turn $\frac{1}{4}$ to the left

2 Step right forward

& Turn $\frac{1}{4}$ to the left

3 Step right forward

& Turn $\frac{1}{4}$ to the left

4 Step right forward

& Turn $\frac{1}{4}$ to the left

All with hip rolls

TOUCH, HIP PUSH, TOUCH, HIP PUSH (ANAIFELY BRION, ROY HADISUBROTO)

5 Touch right diagonally to the right and push hip to the right

Wipe right shoulder with left hand

6 Step right next to left

7 Touch left diagonally to the left and push hip to the left

Wipe left shoulder with right hand

& (Wipe right shoulder with left hand)

8 Step left next to right

REPEAT
