

Sempre Amore

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Philip L J Price (UK)
音樂: Per Sempre Amore - Lolly



TOE AND HEEL TOUCHES WITH FORWARD STEP (RIGHT AND LEFT)

1-2 Touch right toe to right side, touch right heel in front
3-4 Touch right toe behind, step forward right
5-6 Touch left toe to left side, touch left heel in front
7-8 Touch left toe behind, step forward left

RIGHT SHUFFLE FORWARD, LEFT MAMBO ROCK, TWICE

9&10 Step forward right, close left behind, step forward right
11&12 Rock forward left, recover right, step left in place
13&14 Repeat steps 9&10
15&16 Repeat steps 11&12

RIGHT ROCK AND CROSS, LEFT ROCK AND CROSS TWICE

17&18 Rock right to right side, step back left, cross right in front of left
19&20 Rock left to left side, step back right, cross left in front of right
21&22 Repeat steps 17&18
23&24 Repeat steps 19&20

RIGHT CHASSIE CROSS $\frac{3}{4}$ TURN, LEFT SHUFFLE STEP $\frac{3}{4}$ TURN

25&26 Step right to right side, close left in place, step right to right side
27-28 Cross left over right, unwind $\frac{3}{4}$ turn right
29&30 Step forward left, close right behind, step forward left
31-32 Step forward right, unwind $\frac{3}{4}$ turn left

STEP, HOLD, HEEL, CLAP TWICE

33-34 Step right to right side, hold
35-36 Step left heel diagonal left, clap
37-38 Step left heel to left side, hold
39-40 Step right heel diagonal right, clap (shimmy on the step and hold)

RIGHT SHUFFLE, $\frac{1}{4}$ PADDLE RIGHT, $\frac{1}{4}$ PADDLE RIGHT, STEP LEFT RIGHT

41&42 Step forward right, close left behind, step forward right
43-44 Step forward left, $\frac{1}{4}$ paddle turn right
45-46 Step forward left, $\frac{1}{4}$ paddle turn right
47-48 Step left in place, step right beside

REPEAT
