Seguro Que Hell Yes

級數: Improver

編舞者: Heidi Schweizer (CH)

拍數: 48

音樂: Seguro Que Hell Yes - Mike Blakely

SHUFFLE, CROSS BACK, RECOVER, SHUFFLE, CROSS BACK, RECOVER

- 1&2 Step right foot to the right, step left foot next to right foot, step right foot to the right
- 3 Cross left foot behind right foot
- 4 Recover weight to right foot
- 5&6 Step left foot to the left, step right foot next to left foot, step left foot to the left
- 7 Cross right foot behind left foot
- 8 Recover weight to the left foot

RIGHT WAVE, KICK BALL STEP, KICK BALL STEP

- 1 Step right foot to the right
- 2 Cross left foot behind right foot
- 3 Step right foot to the right
- 4 Cross left foot in front of right foot
- 5&6 Kick right foot diagonally to the right, step right foot back, slightly cross left foot over right foot
- 7&8 Kick right foot diagonally to the right, step right foot back, slightly cross left foot over right foot

HIP SHAKES, TURN, TURN

- &1&2 Step right foot to the side, facing front, shake hips twice from left to right
- &3&4 Shake hips twice from left to right
- 5-6 Step right foot on toe forward, turn ¹/₄ to the left, weight on the left
- 7-8 Step right foot on toe forward, turn ¼ to the left, weight on the left

HIP SHAKES, TURN, TURN

- &1&2 Step right foot to the side, facing front, shake hips twice from left to right
- &3&4 Shake hips twice from left to right
- 5-6 Step right foot on toe forward, turn ¼ to the left, weight on the left
- 7-8 Step right foot on toe forward, turn ¼ to the left, weight on the left

ROCK ON, RECOVER, KICK BALL STEP, KICK BALL STEP, STEP, STEP

- 1 Rock on right foot
- 2 Recover on left foot
- 3&4 Kick right foot diagonally over left foot, step right foot slightly to the right, step left foot in place

5&6 Kick right foot diagonally over left foot, step right foot slightly to the right, step left foot in place

- 7 Step right foot forward ¼ turn to the left
- 8 Step left foot forward

SHUFFLE FORWARD, STEP TURN, SHUFFLE FORWARD STEP TURN

- 1&2 Step right foot forward, lock left foot right behind right foot, step right foot forward
- 3-4 Step left foot forward, ¹/₂ turn to the right, weight on right foot
- 5&6 Step left foot forward, lock right foot right behind left foot, step left foot forward
- 7-8 Step right foot forward, ¹/₂ turn to the left, facing the new wall to start with

REPEAT

Start the dance after 32 counts. As an intro, the first time the counts 17-32 (the hip shake stuff) won't be danced and the last step turn only will be 1/4 turn, so you start again the front wall





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牆數:4