See-Saw Waltz (P)

拍數: 30

級數: Partner

編舞者: Jim Wells (USA) & Judy Wells (USA)

音樂: If It Ain't One Thing (It's You) - Alan Jackson

Position: Right side-by-side. Performed toward LOD around the dance floor. Dance begins on the right foot & couple uses same footwork throughout the dance.

WALTZ BASIC

- 1-3 BOTH: Waltz forward, right-left-right
- 4-6 BOTH: Waltz forward, left-right-left

LADY TURNS FULL TURN RIGHT

- 7-9 MAN: Waltz forward, right-left-right turning lady under the right arm.
 LADY: Waltz forward, right-left-right, making a full right turn, and returning to right side-by-side position
- 10-12 BOTH: Waltz forward left-right-left

LADY TURNS ½ TURN RIGHT

- 13-15MAN: Waltz forward, right-left-right, leading lady to the right to face RLODLADY: Waltz forward, right-left-right, making a ½ right turn to face RLOD
- 16-18 MAN: Waltz backwards left-right-left, releasing right hands on count 18 LADY: Waltz forward left-right-left, (which is now RLOD)

CHANGE-OF-PARTNER

- 19-21 MAN: Waltz forward right-left-right, to new partner
 - LADY: Waltz forward right-left-right, to new partner (still RLOD)

Couple is right shoulder to right shoulder

22-24 MAN: Waltz backwards left-right-left, with new partner LADY: Waltz forward left-right-left, with new partner (still RLOD)

CHANGE-OF-PARTNER, RETURN TO SIDE-BY-SIDE POSITION, BACKWARD STEPS

- 25-27 MAN: Waltz forward, right-left-right turning new partner under right arm into right side-by-side position
 - **LADY:** Waltz forward, right-left-right, (still facing RLOD) to new partner and turn under your right arm, into right side-by-side position
- 28-30 BOTH: Waltz backwards, left-right-left

REPEAT





牆數: 0