

See The Lights

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Caroline Rankin (UK)
音樂: See the Lights - Simple Minds



WALK FORWARD, SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE BACK

1-2-3&4 Step right forward, step left forward, shuffle forward stepping right, left, right
5-6-7&8 Rock left forward, recover on right, shuffle back stepping left, right, left

GRAPEVINE RIGHT SCUFF LEFT FOOT, GRAPEVINE LEFT SCUFF RIGHT FOOT

9-12 Step right to side, step left behind right, step right to side, scuff left forward
13-16 Step left to side, step right behind left, step left to side, scuff right forward

PADDLE 1/8 TURN LEFT TWICE, CROSS BACK 1/2 TURN RIGHT SCUFF LEFT FOOT

17-20 Step right forward, turn 1/8 left (weight to left), step right forward, turn 1/8 left (weight to left, 9:00)
21-24 Cross right over left, step left back, turn 1/2 right and step right forward, scuff left forward

CROSS BACK 1/2 TURN SCUFF, STEP AND BUMP HIPS

25-28 Cross left over right, step right back, turn 1/2 left and scuff right, step right forward
5-8 Bump hips right, left, right, left

REPEAT
