

# Secrets

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Emma Thompson (UK)  
音樂: No One Needs to Know - Shania Twain



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## RIGHT GRAPEVINE WITH TURN AND HITCH, LEFT GRAPEVINE, HEELS OUT AND TOGETHER

- 1-4      Step to right, cross left behind right, step right to right side, make  $\frac{1}{2}$  turn right on ball of right foot hitching left knee  
5-7      Step to left, cross right behind left, step left to left side  
&8      Turn both heels outwards, bring heels back in together

## RIGHT GRAPEVINE WITH TURN AND HITCH, LEFT GRAPEVINE, HEELS OUT AND TOGETHER

- 1-4      Step to right, cross left behind right, step right to right side, make  $\frac{1}{2}$  turn right on ball of right foot itching left knee  
5-7      Step to left, cross right behind left, step left to left side  
&8      Turn both heels outwards, bring heels back in together

## RIGHT SHUFFLE TURNING $\frac{1}{4}$ , STEP, SWEEP, SHOULDER BUMPS

- 1-4      Step right to right side, bring left next to right, step right to right side turning  $\frac{1}{4}$  right, step left forward  
5-6      Sweep right foot round making  $\frac{1}{2}$  turn left  
7-8      Raise right shoulder leaving left shoulder down, raise left shoulder while bring right shoulder down

## LEFT SHUFFLE, STEP, $\frac{1}{2}$ TURN, RIGHT SHUFFLE, STEP, $\frac{1}{4}$ TURN, TOUCH

- 1&2      Step left forward, bring right next to left, step left forward  
3-4      Step right forward, make  $\frac{1}{2}$  turn left  
5&6      Step right forward, bring left next to right, step right forward  
7-8      Step left forward, make  $\frac{1}{4}$  turn right, touch right toe next to left

**REPEAT**

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