

Secret Sign

拍數: 42 牆數: 0 級數:
編舞者: Robyn Buller (AUS)
音樂: If the House Is Rockin' - Lee Roy Parnell



- 1-2 Touch right toe to the right side, touch right toe next to left
3-4 Touch right toe to the right side, slap down right heel (weight on right)
5-6 Touch left toe next to right, touch left toe to left side
7-8 Touch left toe next to right, slap left heel down.
- 9-10 Right back toe strut
11-12 Left back toe strut
13-14 Right back toe strut
15-16 Left back toe strut
17&18 Right shuffle forward
19-20 Rock forward on left, back on right
21&22 Left shuffle backward
23-24 Rock back on right, left on spot.
- 25 Pivot ¼ turn left, on ball of left foot and touch right to side
26 Cross step right over left
27-28 Touch left to side, cross step left over right
29-30 Touch right to side, cross step right over left
31 Pivot ½ turn to left (unwinding step)
32 Drop heels to floor and clap.
- 33-34 Right 45, touch right next to left
35&36 Right kick ball change
37-38 Right 45, hook right heel over left knee and slap boot with left hand
39 Swing right foot to right side and slap with right hand,
40 Feet together.
41-42 Left 45, touch left next to right
43&44 Left kick ball change
45-46 Left 45, hook left boot over right knee and slap boot with right hand,
47 Swing left foot to left side and slap with left hand,
48 Feet together.
- 49&50 Right shuffle forward,
51-52 Rock forward on left, back on right
53&54 Left shuffle back turning ½ turn to left
55-56 Step forward on right, pivot ½ turn. Left,
57 Rock back on left
58&59 Right shuffle forward
60-61 Step forward on left, step right together
62 Clap.

REPEAT
