

Second Chance Waltz

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 1 級數: Beginner waltz
編舞者: Michael Barr (USA) - February 2005
音樂: Second Chance - Trisha Yearwood : (CD: Inside Out - fast but a lovely song)



Alt. music:-

“Door of Life” by Mariya Takeuchi, CD – Denim
“Someone Must Be A Fool Tonight” by Scooter Lee
“What The World Needs Now” by Scooter Lee

[1 – 6] TWINKLE FORWARD - TWINKLE FORWARD

- 1 - 3 LF stride diagonally forward in front of right foot; RF step next to left; LF step toward left diagonal
- 4 - 6 RF stride diagonally forward in front of left foot; LF step next to right; RF step toward right diagonal (

[7 – 12] PRESS, REPLACE, ¼ TURN LEFT - PRESS, REPLACE, STEP SIDE

- 1 - 3 Press forward onto ball of LF into floor; Replace weight onto RF in place; Turn ¼ left stepping onto LF
- 4 - 6 Press forward onto ball of RF into floor; Replace weight onto LF in place; Step RF side right (3 o'clock)

[13 – 18] (Repeat 1-6) TWINKLE FORWARD - TWINKLE FORWARD

- 1 - 3 LF stride diagonally forward in front of right foot; RF step next to left; LF step toward left diagonal
- 4 - 6 RF stride diagonally forward in front of left foot; LF step next to right; RF step toward right diagonal

[19 – 24] (Repeat 7-12) PRESS, REPLACE, ¼ TURN LEFT - PRESS, REPLACE, STEP SIDE

- 1 - 3 Press forward onto ball of LF into floor; Replace weight onto RF in place; Turn ¼ left stepping onto LF
- 4 - 6 Press forward onto ball of RF into floor; Replace weight onto LF in place; Step RF side right (6 o'clock)

[25 – 30] WEAVE RIGHT - ¼ RIGHT, FORWARD, PIVOT ¼ RIGHT

- 1 - 3 LF stride in front of right; Step RF side right; Step LF behind right
- 4 - 6 Turn ¼ right stride forward onto RF; Step LF forward; Turn ¼ right taking weight onto right (12 o'clock)

[31 – 36] (Repeat 25-30) WEAVE RIGHT - ¼ RIGHT, FORWARD, PIVOT ¼ RIGHT

- 1 - 3 LF stride in front of right; Step RF side right; Step LF behind right
- 4 - 6 Turn ¼ right stride forward onto RF; Step LF forward; Turn ¼ right taking weight onto right (6 o'clock)

[37 – 42] CROSS, ¼ LEFT BACK, BACK - STEP BACK, TOGETHER, FORWARD

- 1 - 3 LF stride in front of right; Turn ¼ left stepping back onto the right foot; Step LF back
- 4 - 6 Stride back onto RF; Step LF next to right foot; Step RF forward (3 o'clock)

[43 – 48] STEP FORWARD, ¼ LEFT BACK, BACK - STEP BACK, TOGETHER, FORWARD

- 1 - 3 LF stride forward; Turn ¼ left stepping RF slightly back; Step LF back
- 4 - 6 Stride back onto RF; Step LF next to right; Step RF forward (12 o'clock)

LET'S DANCE IT AGAIN!!!

Contact: Web: <http://www.michaelandmichele.com> / Email: michaelbarr575@gmail.com

Last Update – 28th March 2017
