

# Second Chance

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Hazel Pace (UK)  
音樂: No One Hurts Me More Than Me - Chris Cummings



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## ROCK, RECOVER, BACK, HOLD, & BACK, BACK, RIGHT COASTER STEP

1-2      Rock forward on right, recover on left  
3-4      Step back on right, hold  
&5-6      Quickly step back on left, walk back on right, left  
7&8      Step back on right, step left beside right, step forward on right

## CROSS, HOLD, & CROSS SIDE, LEFT SAILOR STEP, BEHIND UNWIND ½ RIGHT

1-2      Cross left over right, hold  
&3-4      Small step right, cross left over right, step right to right side  
5&6      Step left behind right, step right to right side, step left in place  
7-8      Cross right behind left, unwind ½ turn right (weight on right)

## CROSS, SIDE, BEHIND SIDE CROSS, SIDE ROCK, RECOVER, CROSS, HOLD

1-2      Cross left over right, step right to right side  
3&4      Step left behind right, step right to right side, cross left over right  
5-6      Rock right to right side, recover on left  
7-8      Cross right over left, hold

## & CROSS SIDE, RIGHT SAILOR STEP ¼ TURN RIGHT, LEFT SHUFFLE, FULL LEFT TURN FORWARD

&1-2      Small step left side, cross right over left, step left to left side  
3&4      Make ¼ turn right stepping right behind left, step left beside right, step forward on left  
5&6      Step forward on left, step right beside left, step forward on left  
7-8      Make ½ turn left stepping back on right, make ½ turn left, stepping forward on left

**REPEAT**

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