

# "Seal"Ed With A Kiss

COPPER KNOB  
STEP SHEETS

拍數: 48                      牆數: 4                      級數:  
編舞者: Dan Testa (USA)  
音樂: Kiss from a Rose - Seal : (Album Version)



The music is 3/4 with a waltz beat. Start dancing after 24 counts (24 counts before the lead vocal part comes in). Dance through all the breaks. The dance will feel off-phrase at times during walls 2-5. Don't panic

## SYNCOPATED ROCKING CHAIR, TURNING JAZZ BOX, ROCK STEP

1-3                      Rock forward left, hold, recover right in place  
4-6                      Rock backward left, hold, recover right in place  
7-9                      Step left to side, cross right over left, step left to side turning ¼ right  
10-12                      Rock back right, hold, recover left in place

## THREE STEP TURN, ½ STEP PIVOT, THREE STEP TURN, ½ STEP PIVOT

13-15                      Walk forward right, left, right turning full turn toward right shoulder

**Pointing your right foot to the right on the first step will help you with this turn**

16-18                      STEP FORWARD LEFT, TURN ½ RIGHT ON BALLS OF BOTH FEET, LOWER RIGHT FOOT

**This is just a step pivot turn in three counts - more of these are in the dance**

19-21                      Walk forward left, right, left turning full turn toward left shoulder

**Pointing your left foot to the left on the first step will help you with this turn**

22-24                      Step forward right, turn ½ left on balls of both feet, lower left foot

## ¼ STEP PIVOT, ROCK STEP, WEAVE, ROCK STEP

25-27                      Step forward right, turn ¼ left on balls of both feet, lower left foot  
28-30                      Rock right crossing over left, hold, recover left in place  
31-33                      Step right to side, step left across right, step right to side  
34-36                      Rock left crossing behind right, hold, recover right in place

## FOUR HESITATION STEPS WITH STYLING AND A QUARTER TURN

37-39                      Step left to side, slide right next to left, lift right foot  
40-42                      Step right to side, slide left next to right, lift left foot  
43-45                      Step forward left, slide right up to left while turning ¼ right, lift right foot  
46-48                      Step right to side, slide left foot next to right, lift left foot

**REPEAT**