

Scrumpy

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sandra Speck (UK)
音樂: I Am A Cider Drinker (2007 Single Mix) - The Wurzels And Tony Blackburn



SIDE CLOSE SIDE TOUCH, SIDE CLOSE SIDE TOUCH

- 1-2 Step right foot to right side, step left next to right
- 3-4 Step right foot to right side, touch left next to right
- 5-6 Step left foot to left side, step right next to left
- 7-8 Step left to left side, touch right next to left

On counts 1-8, do a sweeping the floor action, sweeping to the right as you move right and the left as you move left

KICK, STEP BACK, SCUFF, TOUCH, LEFT HEEL TAP

- 1-2 Kick right foot diagonally forward, step right foot back
- 3-4 Scuff left foot diagonally forward, touch left toe forward
- 5-8 Bounce left heel 4 times

Keep weight on right

On 5-8, lean forward for 2 counts reaching out with left hand and back again for 2 counts (as if reaching out for a drink)

STEP BEHIND, STEP FORWARDS, BOUNCE HEELS TWICE TURNING ¼ LEFT

- 1-2 Step left foot slightly behind right, step right forward
- 3-4 Bounce both heel to the right twice (turning ¼ left)

Keep weight on right foot

- 5-8 Repeat steps 1-4 above

BEHIND POINT, CROSS POINT, JAZZ BOX ¼ LEFT

- 1-2 Step left foot behind right, touch right to right side
- 3-4 Cross right foot over left, touch left to left side
- 5-6 Cross left over right, step right foot back
- 7-8 Turn ¼ left and step left foot forward, touch right next to left

REPEAT
