

Scrubbashin'

拍數: 72 牆數: 4 級數: Intermediate
編舞者: Dianne Joseph (AUS)
音樂: Scrubbashin' - Lee Kernaghan



- 1-4 Step right to side, cross left behind, step right to side, cross left behind
5-8 Touching in front of left toe, touch right heel, toe heel, right together
- 1-4 Touch left heel in front of right toe, slap side left boot with left hand, touch left heel in front of right toe, left together
5-8 Step left to side. Cross right behind, step left to side, cross right behind
- 1-4 Touching in front of right toe, touch left heel, toe heel, left together
5-8 Touch right toe in front of left toe, slap side of right boot with right hand, touch right heel in front of left toe, right together
- 1-2 Step right 45 degrees front, cross left behind & clap
3-4 Step right 45 degrees front, cross left behind & clap
5-6 Step right 45 degrees front, left together & clap
7-10 Step left to side, hold, turn ½ turn left & step right to side, hold
- 1-2 Step left 45 degrees front, cross right behind & clap
3-4 Step left 45 degrees front, cross right behind & clap
5-6 Step left 45 degrees front, right together & clap
7-10 Vine right, left together
- 1-3 Cross right behind left, step left to side, return weight to right
4-6 Cross left behind right, step right to side, return weight to left
7-12 Repeat last 6 beats
- 1-4 Walk forward right, left, right, hold
5-8 Walk forward left, right, left, hold
- These shuffles are slow & heavy, i.e. 3 beats & using stomping action**
- 1-4 Step forward right, turn ½ turn left, kick right twice, right together
5-8 Touch left toe behind, step left forward, hitch right
- 1-4 Step forward right, scuff & hitch left, step forward left, scuff & hitch right
- Possible variation when using faster song - hold in place of scuff/hitch**
- 5-8 Rock back onto right, forward onto left, swing right leg side while turning ¼ turn left, touch right heel to left knee

REPEAT
