

# Screamin Guitar

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 0      級數:  
編舞者: Nicky Capper  
音樂: A Little Less Talk & A Lot More Action - The Cheap Seats



## RUNNING MAN WALK FORWARD

1            Step forward on right foot  
&            Slide right foot back and lift left leg up  
2            Step forward on left foot  
&            Slide left foot back and lift right leg up  
3-4         Repeat steps 1-3

5            Step forward on right foot  
6            Step forward on left foot  
7            Step forward on right foot  
8            Kick left foot forward

## WALK BACK TOUCH OUT MONTEREY TURN TOUCH

9            Step back on left foot  
10          Step back on right foot  
11          Step back on left foot  
12          Touch right foot in place  
  
13          Touch right foot to right side  
14-15      Pivot a full turn right on ball of left foot right foot lifted off the floor  
&          Touch right foot in place  
16          Lift left leg up

## ½ AN APPLE-JACK TOUCHES (FOUR TIMES)

17          Swivel right heel to left and touch left toe to left side  
&          Swivel right heel to the right and lift left leg up  
18          Fan right toe to right side and touch left toe in place  
&          Fan right toe back in place and lift left leg up (put weight on balls of right foot)  
19-24      Repeat steps 17-19 3 more times

## LEFT KICK BALL CHANGE, KICK BALL CHANGE, KICK.STEP BACK, BODY ROLL

25          Kick left foot forward  
&          Step left foot back in place  
26          Touch right toe to right side  
27-28      Repeat steps 25-26 with opposite leg

29          Kick left foot forward  
&          Step left foot back in place  
30          Step back on right foot  
31-32      Forward body roll

## SIDE CROSS SIDE CROSS SIDE CROSS TURN

33          Step right foot to right side  
&          Touch left heel to left side  
34          Touch left heel forward  
35-36      Repeat steps 33-34

- 37 Step right foot to right side
- & Touch left heel to left side
- 38 Cross left foot over right
- 39 Unwind a ½ turn right
- 40 Pause for 1 beat of music

#### **STAMP HOLD 2,3,4 STEP FORWARD TURN BACKSLIDE TOUCH**

- 41 Stamp right foot forward
- 42-44 Hold position
  
- 45 Step forward on left foot
- 46 Bring right foot up to left and make a ¼ turn left (weight on right foot)
- 47 Step back on left foot
- 48 Touch right foot in place

#### **RUNNING MAN STEP TURN STEP BACK SWEEP STEP**

- 49 Step forward on right foot
- & Slide right foot back and lift left leg up
- 50 Step forward on left foot
- & Slide left foot back and lift right leg up
- 51 Step forward on right foot
- 52 Pivot a ¼ turn left (weight on left foot)
  
- 53 Step back on right foot
- 54-55 Sweep left foot behind right and make a ¼ turn left
- 56 Put weight on left foot

#### **FORWARD BACK STEP TURN CROSS TOUCH TAP TAP**

- 57 Touch right foot forward
- 58 Touch right foot back
- 59 Step forward on right foot and make a ¼ turn right
- 60 Touch left toe to left side
  
- 61 Cross left foot over right
- 62 Step forward on right foot (weight on balls of both feet)
- 63-64 Tap right heel down twice

**REPEAT**

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