

Scream Shout

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Scream Shout - i5



BUMP RIGHT, BUMP LEFT, DOUBLE BUMP RIGHT, SAILOR SHUFFLE, ¼ TURN LEFT, TURN, JUMP

- 1-2 Step right foot to right side and bump hips right, bump hips left
- 3-4 Bump hips right twice
- 5&6 Step left foot crossed behind right, step right foot to right side, turn ¼ left, step forward left
- 7-8 Turn ½ left, placing feet together, jump back with both feet

SIDE LEFT, SIDE RIGHT, SIDE LEFT, TOGETHER LEFT, CROSS ROCK, STEP, CROSS ROCK STEP

- 1-2 Step left foot to left side, hips slightly left, step right foot to right side, hips slightly right
- 3&4 Step left foot to left side, hips slightly left, step together with right, step left foot to left side, hips slightly left
- 5&6 Rock right foot across front of left, replace weight back to left foot, step right foot to right side
- 7&8 Rock left foot across front of right, replace weight back to right foot, step left foot to left side

KICK, BALL CHANGE, 2 KNEE ROLLS TURNING ½ RIGHT, CROSS, HOLD, BALL CROSS, BALL CROSS

- 1&2 Kick forward with right foot, rock back with right foot, replace weight forward to left foot, at this point, right foot should be back behind you
- 3-4 Roll right knee outward turning ¼ right on left foot, ending with right foot to right side, roll right knee outward turning ¼ right on left foot, ending with right foot pointed forward
- 5-6 Step right foot across front of left, hold
- &7&8 Step ball of left to left side, step right across front of left, step ball of left to left side, step right across front of left

SIDE, RECOVER, CROSSING TRIPLE, SIDE, RECOVER, CROSS, ½ TURN RIGHT

- 1-2 Rock left foot to left side, recover weight to right foot
- 3&4 Step left foot across front of right, step right foot to right side, step left foot across front of right
- 5-6 Rock right foot to right side, recover weight to left foot
- 7-8 Step right foot across front of left turning ¼ right, step back on left turning ¼ right

You are now facing ¼ right from original wall

REPEAT
