

Scream It!

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Kristen Wade (AUS)
音樂: I Got It Bad - LeAnn Rimes



RIGHT ROCK AND CROSS, LEFT ROCK AND CROSS, RIGHT ½ PIVOT AND STEP, LEFT ½ PIVOT AND STEP

1&2-3&4 Rock right to right side, replace left to left side, step right across left, rock left to left side, replace right to right side, step left across right
5&6-7&8 Step right forward, pivot ½ left (weight on left), step right forward, step left forward, pivot ½ (weight on right) step left forward

ROCK FORWARD, ROCK BACK, AND ½ REVERSE PIVOT, LEFT COASTER STEP, RIGHT COASTER STEP

1-2&3-4 Step right forward, rock left back, step right together, touch left toe back, reverse pivot ½ (weight on right)
5&6-7&8 Step left back, step right together, step left forward (left back coaster) step right forward, step left together, step right back (right forward coaster)

LEFT SAILOR, RIGHT SAILOR, KICK CROSS UNWIND ½, KNEE POPS

&1&2-3&4 Sweep left behind right, step left behind right, step right to right side, replace left to left side, (sailor) step right behind left, step left to left side, step right to right side (sailor)
5&6-7&8 Kick left forward, cross left over right, unwind ½ to the right popping right knee, pop left knee, pop right knee, pop left knee

POINT LEFT OUT IN OUT, LEFT ¼ MONTEREY, POINT RIGHT OUT IN OUT, RIGHT KICK & POINT, LEFT KICK & POINT

1&2&3&4 Point left toe to left side, touch left toe together, point left toe to left side, step left together turning ¼ left (weight on left) point right toe to right side (Monterey) touch right toe together, point right toe to right side
5&6-7&8 Kick right forward, step right together, point left toe to left side, kick left forward, step left together, point right toe to right side

ROCK RIGHT REPLACE, CENTER, ROCK LEFT REPLACE, CENTER, ROCK FORWARD REPLACE, CENTER, AND ¼ TOE TURN LEFT

1-2&3-4& Rock right to right side, step left to left side, step right together, rock left to left side, step right to right side, step left together
5-6&7-8 Rock right forward, step left back, step right together, touch left toe back, make ¼ turn left (weight on left)

REPEAT

TAG

Complete 2 full walls, repeat last 8 counts of dance, except, instead of making ¼ to side wall, make ½ turn to face the back wall. Restart dance as normal

RESTART

On wall 5, after count 14 (left coaster) rock right forward, rock left back. Restart dance from count 1