

Scrapped

拍數: 48 牆數: 2 級數: Improver
編舞者: Warren Mitchell (AUS)
音樂: Scrap Piece of Paper - Paul Brandt



- 1&2 Kick right across left, step right together, step left slightly forward
3-4 Touch right forward, touch right to right
5&6 Touch right forward, step right together, step left slightly forward
7-8 Rock right forward, step left on spot
- 1&2 Full turn cha-cha turning to right (right-left-right)
3-4 Step left forward, lock right behind left
5&6 Shuffle forward left-right-left
7-8 Rock right forward, step left on spot making $\frac{1}{4}$ turn to right
- 1&2 Shuffle to right (right-left-right)
3-4 Rock left over right, step right on spot
&5-6 Step left together, step right over left, step left to left
7&8 Step right behind left, step left to left, step right to right (sailor step)
- 1&2 Step left behind right, step right to right, step left to left (sailor step)
3-4 Touch right behind left, unwind $\frac{3}{4}$ turn to right (end with weight on right)
5-6 Rock left forward, step right on spot
7&8 Step left back, step right together with left, step left forward (coaster step)
- 1-2 Rock right forward, step left on spot
3&4 Make $\frac{1}{2}$ turn to right then shuffle forward right-left-right
5&6 Make $\frac{1}{2}$ turn to right then shuffle back left-right-left
7&8 Make $\frac{1}{2}$ turn to right then shuffle forward right-left-right
- 1-2 Rock left forward, step right on spot
3&4 Step left back, step right together with left, step left forward (coaster step)
5-6 Step right to right, step left to left
7-8 Pop left knee forward, pop right knee forward

REPEAT
