# Scrap It!



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Kathy Kazmarek

音樂: Scrap Piece of Paper - Paul Brandt



1st place winner at 2000 Canadian Country Classic Event
1st place winner at 2000 Little Bit Of Texas Dance Fest
4th place winner at UCWDC World 2001 Country Western Dance Championship

#### WALK, WALK, TAP, STEP, 1/2 TURN TRIPLE STEP, KICK BALL-CHANGE

1-4 Walk forward right, left, tap right toe behind left foot, step back onto right foot

5&6 Triple step (left, right, left) while making ½ turn to left

7&8 Kick right forward, step quickly onto ball of right foot and change weight to left foot

## WALK, WALK, TAP, STEP, ½ TURN TRIPLE STEP, KICK BALL-CHANGE

9-12 Walk forward right, left, tap right toe behind left foot, step back onto right foot

13&14 Triple step (left, right, left) while making ½ turn to left

15&16 Kick right foot forward, step quickly onto ball of right foot and change weight to left foot

#### TOE STRUT, CROSS TOE STRUT, ROCK STEP, COASTER STEP

17-18	Step to right with right toe, flap right heel down
19-20	Cross left toe in front of right foot, flap left heel down

21-22 Rock forward at an angle on right foot, step in place on left foot

23&24 Step back on right foot, step together with left foot, step forward onto right foot

#### TOE STRUT, CROSS TOE STRUT, ROCK STEP, COASTER STEP

25-26 Step to left with left toe, flap left heel down

27-28 Cross right toe in front of left foot, flap right heel down

29-30 Rock forward at an angle on left foot, step in place on right foot

31&32 Step back on left foot, quickly step together with right foot, step forward onto left foot

#### LINDY RIGHT, ROCK STEP

33&34 Shuffle to right, (right, left, right)

35-36 Rock back on left foot, step in place on right foot

#### VINE LEFT, 1/4 TURN LEFT, HITCH RIGHT KNEE

37-38 Step to left on left foot, cross behind with right foot 39-40 Step on to left foot making ¼ turn to left. Hitch right knee

### **BUMPS AND GRINDS**

41&42 Step down onto right foot while double bumping right hip

43&44 Double bump left hip

45-48 Rotate hips counter to the right for 4 beats

### **REPEAT**