

Scotia Samba (Wheelchair)

拍數: 64 牆數: 4 級數: Wheelchair dance
編舞者: Lizzie Clarke (SCO) & Bev Clarke (UK)
音樂: Dance the Night Away - The Mavericks



Adapted for Wheelchair Dancers by "Wild" Bill McKechnie (1997)

- 1&2 Touch heel of right hand diagonally forward, bring back in place, cross left hand over right
3&4 Touch heel of right hand diagonally forward, bring back in place, cross left hand over right
5-6 Flick right hand forward, flick right hand to right side
7&8 Slap right hand on right leg, slap left hand on left leg, slap right hand on right leg
- 9-16 Repeat above sequence to the left
- 17-24 Turn chair 1/8 turn left, turn chair 1/8 turn left, turn chair 1/8 turn left, turn chair 1/8 turn left
- 25-32 Turn chair 1/2 turn right, turn chair 1/2 turn left
- 33-36 Lean and clap twice to left side, lean and clap twice to right side
37-40 With hands together sway hands left, right, left, clap twice to left side
- 41-44 Point right hand to right side, point left hand to right side, make a fist and point right thumb
 over right shoulder, hold
45-48 Point left hand to left side, point right hand to left side, point left hand forward, hold
- 49-52 Point right hand to right side, point left hand to right side, cross right hand over left, hold
53-56 Point left hand to left side, point right hand to left side, cross left hand over right, hold
- 57-60 Shimmy shoulders, turn chair 3/4 turn to left
61-64 Turn chair 1/4 turn right, clap twice up to left shoulder

REPEAT
