

Scotia Samba

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lizzie Clarke (SCO) & Bev Clarke (UK)
音樂: Dance the Night Away - The Mavericks



HEEL BALL CROSS (TWICE)

1 Turn body slightly right, touch right heel forward diagonal
&
2 Step back on ball of right foot
3 Step left across in front of right
4 Turn body slightly right, touch right heel forward diagonal
&
5 Step back on ball of right foot
6 Step left across in front of right

KICK/KICK, SAILOR STEP

5-6 Kick right foot forward, kick right foot to right side
7 Step right behind left
&
8 Step ball of left to left side
9 Step right in place

HEEL BALL CROSS (TWICE)

9 Turn body slightly left, touch left heel forward diagonal
&
10 Step back on ball of left foot
11 Step right across in front of left
12 Turn body slightly left, touch left heel forward diagonal
&
13 Step back on ball of left foot
14 Step right across in front of left

KICK/KICK, SAILOR STEP

13-14 Kick left foot forward, kick left foot to left side
15 Step left behind right
&
16 Step ball of right to right side
17 Step left in place

PIVOT, TURNING ½ TURN TO LEFT

17-18 Step right toe forward turning 1/8 left, step on ball of left
19-20 Step right toe forward turning 1/8 left, step on ball of left
21-22 Step right toe forward turning 1/8 left, step on ball of left
23-24 Step right toe forward turning 1/8 left, step on ball of left {you should have turned ½ left}

RIGHT CROSS-ROCK & RECOVER, ½ RIGHT & SHUFFLE

25 Cross right over left and rock forward
26 Rock back and recover weight left
27 Turn ½ right, step forward right
&
28 Step left together
29 Step forward right

LEFT CROSS-ROCK & RECOVER, ½ LEFT & SHUFFLE

29 Cross left over right and rock forward
30 Rock back and recover weight right
31 Turn ½ left, step forward left
&
32 Step right together

32 Step forward left

SWITCH RIGHT HOLD, CLAPS / SWITCH LEFT HOLD, CLAPS

33 Touch right toe to right side
& Hold hands above left shoulder and clap
34 Clap again
& Step right beside left
35 Touch left toe to left side
& Hold hands above right shoulder and clap
36 Clap again

SWITCH RIGHT, LEFT, RIGHT, CLAPS

&37 Step left beside right, and quickly touch right toe to right side
&38 Step right beside left, and quickly touch left toe to left side
&39 Step left beside right and quickly touch right toe to right side and hold
&40 Hold hands above left shoulder and clap hands twice

RIGHT SIDE, LEFT TOGETHER, RIGHT BACK, HOLD

41-42 Right foot step to right, left foot slide beside right
43-44 Right foot step back, hold

LEFT SIDE, RIGHT TOGETHER, LEFT FORWARD, HOLD

45-46 Left foot step to left, right foot slide beside left
47-48 Left foot step forward, hold

RIGHT SIDE, SLIDE LEFT, CROSS & HOLD

49-50 Right foot step to right, left foot slide beside right
51-52 Cross right foot over left foot, hold

LEFT SIDE, SLIDE RIGHT, CROSS & HOLD

53-54 Left foot step to left, right foot slide beside left
55-56 Cross left foot over right foot, hold

SHIMMY RIGHT

57 Step to right side with right foot
58-60 Slide left foot up beside right, step left foot beside right

CROSS RIGHT OVER LEFT, UNWIND $\frac{3}{4}$ TURN TO LEFT

61 Cross right foot across front of left foot
62-63 Unwind $\frac{3}{4}$ turn to left
64 Hold and clap hands twice

REPEAT
