Scoot Your Boot'y Nude



拍數: 32 牆數: 4 級數: Beginner

編舞者: Sonny Klemm (USA)

音樂: Nude Bootscootin' - Grant Luhrs



ROCK, TOGETHER, CROSS, ROCK, TOGETHER, CROSS

Rock to the right on the right, step left together, cross right over left Rock to the left on the left, step right together, cross left over right

SHUFFLE, STEP TURN

5&6 Step right forward, slide left up to right, step right forward

7-8 Step forward on left, turn ½ turn to the right (take weight on the right)

ROCK, TOGETHER, CROSS, ROCK TOGETHER, CROSS

9&10 Rock to the left on the left, step right together, cross left over right 11&12 Rock to the right on the right, step left together, cross right over left

SHUFFLE, STEP TURN

13&14 Step left forward, slide right up to left, step left forward

15-16 Step forward on right, turn ½ to the left (take weight on the left)

SIDE, BEHIND, 1/4 SHUFFLE, STEP, TURN, SHUFFLE

17-18 Step right to the right, step left behind right

19&20 (While turning ¼ to the right) step right forward, slide left up to right, step right forward

21-22 Step forward on the left, turn ½ to the right (take weight on the right)
23&24 Step forward on the left, slide right up to it, step forward on the left

25-32 Repeat 17-24

REPEAT

OPTION

For either steps 17-24 or for 25-32 (or both)

Turn ¼ turn to the right doing a right turning shuffle
3&4 Turn ½ turn to the right doing a left turn shuffle

5&6 Right coaster step (i.e. Step back right, step left back together, step forward on the right)

7&8 Left shuffle forward