

Scoop

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jamie Marshall (USA)
音樂: She's Got The Rhythm - Alan Jackson



SIDE TOE POINTS, FLICK, SCUFF, CROSS, SIDE SHUFFLE

- 1& Point right to right, replace right next to left
- 2& Point left to left, replace left next to right
- 3&4 Point right to right, replace right next to left, point left to left
- 5-6 Flick left to left (side kick up and back), scuff left beside right
- 7&8 Cross left over right, step right to right, cross left over right

SCUFF, CROSS, JAZZ BOX SQUARE, LEFT BODY ROLLS

- 1-2 Scuff right forward, cross right over left
- 3&4 Step left back, step right next to left, step left to left (feet slightly apart)
- 5-6 Body roll down to the left
- 7-8 Body roll up to the right

HEEL SWITCHES WITH CROSS

- 1& Kick right forward, replace right next to left
- 2& Kick left forward, replace left next to right
- 3& Kick right forward, cross right in front of left
- 4& Kick right forward, replace right next to left
- 5& Kick left forward, replace left next to right
- 6& Kick right forward, replace right next to left
- 7&8 Kick left forward, cross left in front of right, kick left forward

KICKS TURNING ¼ LEFT, JAZZ BOX, INWARD KNEES

- &1 Swing left to outside left, cross left in front of right (keep legs close together)
 - &2 Swing left to outside left, cross left in front of right (begin making ¼ pivot to left)
 - &3 Swing left to outside left, cross left in front of right (continue making ¼ pivot to left)
 - &4 Swing left to outside left, cross left in front of right (completing ¼ pivot to left)
- If having trouble with balance, try ¼ paddle turn or jazz box to left. Also do single timing instead of double timing (1-out, 2-across, 3-out, 4-across) as you make turn.**
- 5&6 Step left down over right, step right back, step left to left
 - 7& Bend right knee to center, straighten right knee
 - 8& Bend left knee to center, straighten left knee

REPEAT