

Scooby Snax

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Chris Kumre (USA)
音樂: Girl On TV - LFO



SIDE ROCK, ¼ TURN, SHUFFLE

1-2 Side rock right to right, recover on left while turning ¼ left
3&4 Step right forward, step left next to right, step right forward
5-6 Side rock left to left, recover on right while turning ¼ right
7&8 Step left forward, step right next to left, step left forward

Styling note: Replace rock steps on counts 1,2 and 5,6 with skate steps or twists

FORWARD ROCK, ½ TURNING SHUFFLE, HEEL & TOE & STEP, TWIST, TWIST

9-10 Rock forward on right, recover on left
11&12 Turning ½ right step forward on right, step left next to right, step forward on right
13&14 Touch left heel forward, step left toe down, touch right toe to left instep
&15 Drop right heel down and take weight on right, step left forward
&16 Twist by swiveling heels to left, recover to center with weight on left

Dance should travel forward on counts 13-16

HEEL & TOE & STEP, TWIST, TWIST, ROCK, TRIPLE STEP ¾ TURN LEFT

17&18 Touch right heel forward, step right toe down, touch left toe to right instep
&19 Drop left heel down and take weight on left, step right forward
&20 Twist by swiveling heels to right, recover to center with weight on right

Dance should travel forward on counts 17-20

21-22 Rock forward on left, recover on right
23&24 Step back on left turning ½ left, step right forward, step left next to right turning ¼ left

FORWARD ROCK, RIGHT CROSS STEP BACK, OUT, OUT, HOLD, HIPS BUMPS

25-26 Rock forward on right, recover on left
27&28 Step back on right, cross left over right, step back on right
&29-30 Quickly step left to left, quickly step right to right, hold
31-32 Bump hips to right, bump hips to left

Styling note: Replace hip bumps with two-count body roll with weight ending on left

REPEAT