Saying Goodbye (P)

拍數: 32

級數: Partner

編舞者: Linda Chester (UK) & Colin Chester (UK)

音樂: Saying Goodbye - Dave Sheriff

ROCK STEPS, RIGHT STEP, BRUSH, LEFT STEP, BRUSH

- 1-2 Step/rock forward on right foot, rock back onto left foot
- 3-4 Step/rock back on right foot, rock forward onto left foot
- 5-6 Step right foot forward, brush left foot forward across front of right foot
- 7-8 Step left foot forward, brush right foot forward across front of left foot

ROCK FORWARD AND BACK, RIGHT TURNING SHUFFLE, STEP PIVOT 1/4 RIGHT, LEFT SHUFFLE

- 9-10 Step/rock forward on right foot, rock back onto left foot in place
- 11&12 Shuffle: right, left, right, turning a ¹/₂ turn to the right
- Release right hands, bring left arms over lady's head as she turns, then drop to the left side. Face RLOD
- 13-14 Step forward on left foot, pivot a ¼ turn to the right
- Rejoin right hands and drop them to the right side, face ILOD
- 15&16 Shuffle: left, right, left, moving slightly forward

ROCK STEPS, RIGHT TURNING SHUFFLE, ROC STEPS, LEFT TURNING SHUFFLE

- 17-18 Step/rock forward on right foot, rock back onto left foot in place
- 19&20Shuffle: right, left, right, turning a ½ turn to the right

Release left hands, bring right arms over lady's head as she turns, rejoin left hands over lady's shoulder. Facing OLOD

- 21-22 Step/rock forward on left foot, rock back onto right foot
- 23&24 Shuffle: left, right, left, turning a ¼ turn to the left

Return to side by side position, facing LOD

RIGHT AND LEFT SWINGING SHUFFLES FORWARD, RIGHT & LEFT SHUFFLE WITH ½ TURNS LEFT

- 25&26 Shuffle forward: right, left, right, swinging body slightly to the left
- 27&28 Shuffle forward: left, right, left, swinging body slightly to the right
- 29&30 Shuffle forward to LOD: right, left, right, while turning a ¹/₂ turn to the left
- 31&32 Shuffle forward to LOD: left, right, left, while turning a ¹/₂ turn to the left

During these two shuffles, release right hands, left arms go over man's head first and then lady's head. Rejoin right hands, facing LOD

REPEAT

CAN BE DANCED AS A FOUR WALL LINE DANCE AS FOLLOWS:

1-24 Follow footwork given for partner version disregarding arm movements

JAZZ BOX WITH ¼ TURN RIGHT

- 25-26 Step right foot across front of left foot, step back on left foot
- 27-28 Step right foot a ¼ turn to the right, step left foot beside right foot

RIGHT & LEFT SHUFFLES WITH 1/2 TURNS LEFT

- 29&30 Shuffle forward to LOD: right, left, right, while turning a ½ turn to the left
- 31&32 Shuffle forward to LOD: left, right, left, while turning a ¹/₂ turn to the left





牆數:0