

Say What?

COPPER KNOB
STEPSHETS

拍數: 0
編舞者: Carole Daugherty (USA)
音樂: Ooh la La - The Wiseguys

牆數: 2

級數: Improver line/contra dance



Position: Begin after 16 counts of music in contra lines facing each other.

Sequence: A, B, B, B, B, B, B, C, B, B, B, B

PART A (INTRO)

Done once, setting up face to face position

STATIONARY SAILOR WITH TOUCH, ANGLED POINT RIGHT, STATIONARY SAILOR WITH TOUCH, ANGLED POINT LEFT

- 1&2 Step right sharply behind left, small ball step on left, touch right toe home
- 3-4 Angling upper body right point right toe right, slide right foot home with weight
- 5&6 Step left sharply behind right, small ball step on right, touch left toe home
- 7-8 Angling upper body left point left toe left, slide left foot home with weight

STEP TOGETHER, ¼ TURN LEFT, & STEP OUT, JOIN PALMS, BUMPS

- 1-2 Step right foot diagonally forward right, step left together
- 3-4 Step forward on right, pivot turn ¼ left while rolling hips (now in center of track facing partner)
- &5 Hop out with right then left while raising arms, palms facing forward
- 6 Touch open palms flat against the hands of the person facing you. Remain in palm-to-palm position for the next 6 counts
- 7&8 Bump left, right, left dipping hips slightly, while palms are together moving in small circles

PART B (MAIN BODY)

POINT RIGHT, STEP, POINT LEFT STEP WITH PALM ARCS, STEP TOGETHER TWICE

- 1-2 Point right foot forward diagonally, step right foot home, while moving hands above head in an arc - out, in
- 3-4 Point left foot forward diagonally, step left foot home while moving hands above head in a large arc-out, in (release palms drop hands)
- 5-6 Step right foot diagonally forward traveling along side of the center track, step together with left
- 7-8 Step forward right diagonally, touch left together (passing the person on your left)

After the intro and 1st B pattern, you will be joining palms on count 1 for the remainder of the B patterns

STEP LEFT, STEP RIGHT TOGETHER, KNEE KNOCKS, BUMPS WITH PALMS

- 1-2 Step to the left side on left toe, step left heel down
- 3-4 Step right together (inside track again) touch palms with partner (maintain palms through count 8)
- 5-6 Knock knees out, knock knees in, while mimicking motion with hands at shoulder level
- 7-8 Bump hips slightly back, bump hips slightly forward (release palms dropping hands)

STEP, TOGETHER, STEP, TOUCH, RIGHT VINE WITH ¼ TURN RIGHT

- 1-2 Step left forward diagonally left, step together with right
- 3-4 Step left forward diagonally left, touch right together
- 5-6 Step right, step left behind
- 7-8 Step right making ¼ turn right, step together with left

TRUCKIN' WALK TWICE, WALK AROUND STRUT

- 1-2 Turning ¼ right take a large step forward with right toe, step down on right heel (lean back for a "truckin" style counts 1-4)
- 3-4 Large step forward on left toe, step down on left heel

- 5-6 Step turning $\frac{1}{4}$ right on right, step forward on left (counts 5-8 should be semi-circular in motion)
- 7-8 Step turning $\frac{1}{4}$ right on right, step forward on left (now be facing partner in track)

PART C (TURN IT OUT)

Very easy walking steps

TOE STRUTS FORWARD, RIGHT, LEFT, RIGHT, STEP LEFT, PIVOT $\frac{1}{2}$ RIGHT

- 1-2 Step right toe forward making $\frac{1}{4}$ turn right, step right heel down
- 3-4 Step left toe forward, step left heel down
- 5-6 Step right toe forward, step right heel down
- 7-8 Step left foot forward, pivot $\frac{1}{2}$ right

TOE STRUTS FORWARD, LEFT, RIGHT, LEFT STEP RIGHT, PIVOT $\frac{1}{2}$ LEFT

- 1-2 Step left toe forward, step left heel down
- 3-4 Step right toe forward, step right heel down
- 5-6 Step left toe forward, step left heel down
- 7-8 Step forward on right, pivot $\frac{1}{2}$ left

ANGLE STEP HOLD 3 TIMES, SWEEP LEFT OVER RIGHT, UNWIND $\frac{1}{2}$ RIGHT

- 1-2 Step forward on right while angling body $\frac{1}{4}$ left, hold
- 3-4 Step forward on left while angling body $\frac{1}{4}$ right, hold
- 5-6 Step forward on right while angling body $\frac{1}{4}$ left, hold
- 7-8 Point left toe left, sweep over right unwinding $\frac{1}{2}$ right

ANGLE STEP HOLD 3 TIMES, SWEEP RIGHT OVER LEFT, UNWIND $\frac{1}{2}$ RIGHT

- 1-2 Step forward on left while angling upper body $\frac{1}{4}$ right, hold
- 3-4 Step forward on right while angling upper body $\frac{1}{4}$ left, hold
- 5-6 Step forward on left while angling upper body $\frac{1}{4}$ left, hold
- 7-8 Point right toe right, sweep over left unwinding $\frac{1}{2}$ right

WALK RIGHT, LEFT, RIGHT, FLICK & TURN $\frac{1}{2}$ RIGHT, WALK LEFT, RIGHT, LEFT, FLICK & TURN $\frac{1}{2}$ LEFT

- 1-2-3 Walk forward right, left, right
- 4 Flick left leg up and back while making $\frac{1}{2}$ turn right
- 5-6-7 Walk forward left, right, left
- 8 Flick right leg up and back while making $\frac{1}{2}$ left

WALK LEFT, RIGHT, LEFT, FLICK & TURN $\frac{1}{2}$ LEFT, WALK RIGHT, LEFT, RIGHT, FLICK & TURN $\frac{1}{2}$ RIGHT

- 1-2-3 Walk forward left, right, left
- 4 Flick right leg up and back while making $\frac{1}{2}$ turn left
- 5-6-7 Walk forward right, left, right
- 8 Flick right leg up and back while making $\frac{1}{2}$ turn right

Raise arms above head and snap fingers for styling on all of the flicks, counts 4 & 8

SMALL TOE STRUTS FORWARD RIGHT, LEFT, RIGHT, LEFT WITH LOOKS

- 1-2 Step forward right toe, step down on heel while looking left
- 3-4 Step forward left toe, step down on heel while looking right
- 5-6 Step forward right toe, step down on heel while looking left
- 7-8 Step forward left toe, step down on heel while looking right

For styling, these 8 counts can be done bending forward at the waist. You are now in the center track facing the same direction you began Part C in

WHOLE LOTTA STATIONARY TURNING (SECOND START WALL)

1-8 Leading with right foot begin a $1\frac{1}{4}$ walking turn right in place for 8 counts, end facing opposite your original B start wall. (or simply put: with the music, complete as many right turns in place as you care to - or can execute successfully - meaning no one gets hurt ;) end with weight left facing your 2nd B wall.

You will dance Part B 4 more times from the 2nd wall. To add styling after the 4th B pattern as the song ends, touch palms as if beginning dance again raising them above your head and out to the sides in a large arc while pulsing forward and back for 8 counts

PART C (EZ-FIED OPTION)

1-64 Repeat the toe strut pattern from counts 1-16 of part c, for 62 counts. On the last set shorten steps to end in the center of the track. Pivot $\frac{1}{4}$ right to face the 2nd wall for Part B with weight left & ready to go! (now turned $\frac{1}{2}$ right from where you originally started the first 6 B patterns)
