Say It!

拍數: 80

編舞者: Gavin Brewer (UK)

音樂: Say You Love Me - The Cheap Seats

牆數:4

The "Air Guitar" move was inspired by some audience participation at a Cheap Seats concert

"AIR GUITAR WITH ATTITUDE" ROCKING HIPS FORWARD & BACK 4 TIMES

Hands: Place right hand against right hip and extend left hand to side at shoulder level

- 1-2 Rock hips forward and lean back, rock hips back and lean forward
- 3-4 Rock hips forward and lean back, rock hips back and lean forward
- 5-6 Rock hips forward and lean back, rock hips back and lean forward
- 7-8 Rock hips forward and lean back, rock hips back and lean forward

SHUFFLE FORWARD RIGHT, STEP FORWARD LEFT, SCUFF RIGHT TWICE

- 9&10 Shuffle forward right
- 11-12 Step forward left, scuff right
- 13&14 Shuffle forward right
- 15-16 Step forward left, scuff right

JAZZ BOX WITH ¼ TURN RIGHT, JAZZ BOX

- 17-18 Step right across left, step back left
- 19-20 Step right to side making ¼ turn right, step left next to right
- 21-22 Step right across left, step back left
- 23-24 Step right to side, step left beside right

KICK RIGHT TWICE, TRIPLE STEP, KICK LEFT TWICE, TRIPLE STEP

- 25-26 Kick right forward, kick right forward
- 27&28 Step right in place & step left in place, step right in place
- 29-30 Kick left forward, kick left forward
- 31&32 Step left in place & step right in place, step left in place

TOE STRUTS TO RIGHT: RIGHT, CROSS LEFT, RIGHT, CROSS LEFT, SHUFFLE RIGHT, LEFT ROCK

STEP

- 33-34 Touch right toes to side and click fingers, snap down right heel
- 35-36 Touch left toes across right and click fingers, snap down left heel
- 37-38 Touch right toes to side and click fingers, snap down right heel
- 39-40 Touch left toes across right and click fingers, snap down left heel
- 41&42 Step right to side & close left next to right, step right to side
- 43-44 Rock back on left, recover weight on right

TOE STRUTS TO LEFT: LEFT, CROSS RIGHT, LEFT, CROSS RIGHT, SHUFFLE LEFT, RIGHT ROCK

- STEP
- 45-46 Touch left toes to side and click fingers, snap down left heel
- 47-48 Touch right toes across left and click fingers, snap down right heel
- 49-50 Touch left toes to side and click fingers, snap down left heel
- 51-52 Touch right toes across left and click fingers, snap down right heel
- 53&54 Step left to side & close right next to left, step left to side
- 55-56 Rock back on right, recover weight on left

THREE ¼ PADDLE TURNS LEFT, ROCK ON THE SPOT RIGHT AND LEFT

57-58 Rock forward onto right turning ¼ left, recover weight on left





級數:

- 59-60 Rock forward onto right turning ¼ left, recover weight on left
- 61-62 Rock forward onto right turning ¼ left, recover weight on left
- 63-64 Rock side right on the spot, rock side left on the spot (feet do not move)

JAZZ BOX WITH ¼ TURN RIGHT, JAZZ BOX

- 65-66 Step right across left, step back left
- 67-68 Step right to side making ¼ turn ring, step left next to right
- 69-70 Step right across left, step back left
- 71-72 Step right to side, step left beside right

TWO MONTEREY TURNS

- 73-74 Touch right toes to side, bring feet together turning ½ turn right
- 75-76 Touch left toes to side, step left next to right
- 77-78 Touch right toes to side, bring feet together turning ½ right
- 79-80 Touch left toes to side, step left in place with feet shoulder width apart

REPEAT