

Say It Isn't So

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mark Cook (UK)
音樂: Say It Isn't So - Michelle McManus



SIDE STEP SHUFFLE BACK, SIDE STEP SHUFFLE FORWARD

1-2 Step left to left side, cross right over left
3&4 Shuffle back on left, stepping left, right, left
5-6 Step right to right side, bring left up to right
7&8 Shuffle forward on right, stepping right, left, right

ROCK ¼ TURN LEFT, CROSS ¼ TURN RIGHT, STEP AND JAZZ, CROSS ROCK

9&10 Rock forward on left, recover weight on to right, step back on left as you make a ¼ turn left.
(now facing 9:00)
11&12 Cross right over left, step left to left side as you make ¼ turn right. Step back on right. (now
facing 12:00)
&13 Touch left next to right, step forward on left
14&15 Cross right over left, step back on left, step right to right side
16& Cross rock left over right, recover weight on to right

¼ TURN, ½ TURN, COASTER STEP, SHUFFLE FORWARD, SIDE ROCK AND CROSS

17-18 Step left to left side making ¼ turn left, (now facing 9:00), make ½ turn left as you step back
on right, (now facing 3:00)
19&20 Step back on left, step right next to left, step forward on left
21&22 Shuffle forward on right, stepping right, left, right
23&24 Side rock left to left side, recover weight to right, cross left over right

SIDE ROCK CROSS BEHIND, SIDE ROCK CROSS, VINE, CROSS ROCK, FULL TURN LEFT

25&26 Side rock right to right side, recover weight to left, cross right behind left
27&28 Side rock left to left side, recover weight to right, cross left over right
&29 Step right to right side, step left behind right
&30 Step right to right side, cross left over right
&31-32 Recover weight to right, step left to left side making ½ turn left (now facing 9:00), step right to
right side making ½ turn left, (now facing 3:00)

On counts 31-32 you are making a full turn over your left shoulder moving to the left

REPEAT

RESTART

There are two restarts; these are on the 4th wall, and the 8th wall. At the start of these walls you only do the first 12 counts, and on count 12 you make a ½ turn instead of a ¼ turn. This will bring you back to the front wall to start the dance again